

# → Kick-off meeting

27-28 November 2023  
29 November for WP9 and WP11

Istituto Superiore di Sanità  
Viale Regina Elena 299, 00161 – Rome  
Remote attendance options available

**Coordination Team:**  
Benedetta Armocida, Graziano Onder,  
Beatrice Formenti, Marco Silano



## Aims

- Define JACARDI objectives, scope and core aspects
- General alignment in methodology and among WPs
- Clarify the administrative and financial priorities
- Share the JACARDI's vision with external audience
- Define the first activities and tasks to be performed
- Inspire motivation and team work

## Core Values



### Sustainability

#### Food

- Local and Low in sugar
- No alcohol policy

#### Transportation

- Public Transportation
- Walk the talk

#### Materials

- Digital over printing
- Recycled
- Circular economy



### Gender equity

Gender balanced  
among speakers

Gender  
transformative  
leadership



### Mental Health and wellbeing

Physical  
activities during  
coffee break

Walk the talk  
Yoga and Meditation



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JACARDI

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JACARDI

# Day 1

27 November 2023

## General Assembly

### Meeting Room

### Aula Pocchiari

(Viale Regina Elena, 299)

Remote attendance options available

[CLICK HERE](#)

## Registration

08:30-09:15

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## Opening

09:15-09:30

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## Official opening session

09:30-10:00

### **Giovanni Leonardi**

Secretary-General of the Ministry of Health

### **Marco Silano**

Director of Department of CVDs, Endocrine-metabolic diseases and aging, Italian National Institute of Health (ISS)

### **Sandra Gallina**

Director General for Health and Food Safety European Commission

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# Presentation of JACARDI Coordination Team

**10:00-10:20**

**Benedetta Armocida**

Coordinator of JACARDI, ISS

**Graziano Onder**

Scientific Coordinator of JACARDI, Fondazione Policlinico  
Gemelli

**Beatrice Formenti**

Project Manager of JACARDI, Fondazione Policlinico Gemelli

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## **Ethnic inequalities in health, a focus on NCDs burden in migrants' population in Europe**

**10:20-10:40**

**Keynote speaker:**

**Charles Agyemang**

University of Amsterdam

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## **Coffee Break - Physical activity**

**10:40-11:10**

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## **EU Health policy priorities and their translation into programmes**

**11:10-11:25**

**Stefan Craenen**

Policy Officer, DG Sante

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# JRC activities relevant to JACARDI: the Collaborative Health Information European Framework (CHIEF) project

**11:25-11:40**

**Paola Salari**

Joint Research Centre (JRC)

**Tania Di Iorio**

WHO Europe Consultant

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## Overview and synergies of grants linked to JACARDI

**11:40-11:55**

**Ugo Guarnacci**

Programme Manager following JACARDI, HaDEA

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## Questions and answers

**11:55-12:00**

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## Lunch Break

**12:00-13:00**

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## World Health Organization priorities on CVDs and diabetes

**13:00-13:15**

**Keynote speaker:**

**Bente Mikkelsen**

Director NCD Department, World Health Organization

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# WP5 - Methodological framework and integrative approach

13:15-15:00

**Moderator:**

**Benedetta Armocida**

Coordinator of JACARDI, ISS

**Speakers:**

**Graziano Onder**

WP5 Leader, Fondazione Policlinico Gemelli

**Jelka Zaletel**

WP5 Co-leader, NIJZ

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## Coffee Break - Physical activity

15:00-15:30

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## Changing the track of policymaking & testing narratives of public health

15:30-16:00

**Keynote speakers:**

**Karen Watson**

Imperial College London

**Omni Cassidy**

New York University

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## WP2 - Communication and Dissemination

16:00-17:30

**Moderator:**

**Albert Aszalos**

WP2 Leader, GOKVI

**Speaker:**

**Natalia Skogberg**

WP2 Co-leader, THL

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# End of Day 1 - General Assembly

## 27 November 2023 - 17:30

### Curiosity

#### **Did you know that “San Pietrino” is the name for the cobblestones used on Roman streets?**

They got their name from their close proximity to St. Peter’s Basilica.

#### **Did you know that Rome has the most churches in the world?**

The city is home to approximately 900 churches. Among the oldest are the Basilica of Santa Prudenziana and the Church of Santa Prisca.



# Day 2

28 November 2023

## General Assembly

### Meeting Room

### Aula Pocchiari

(Viale Regina Elena, 299)

Remote attendance options available

[CLICK HERE](#)

## Registration

08:30-09:00

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## Administrative and Financial issues

09:00-10:00

### Moderators:

#### **Graziano Onder**

Scientific Coordinator of JACARDI,  
Fondazione Policlinico Gemelli

#### **Benedetta Armocida**

Coordinator of JACARDI, ISS

### Speakers:

#### **Anna Ceccarelli**

Research Coordination and Support Service, ISS

#### **Ugo Guarnacci**

Programme Manager following JACARDI, HaDEA

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## Coffee Break - Physical activity

10:00-10:15

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# WP4 - Sustainability

## 10:15-12:15

### Moderator:

**Marco Silano**

JACARDI Coordination Team

### Speakers:

**Jelka Zaletel**

WP4 Leader, NIJZ

**Jaana Lindstrom**

WP4 Co-leader, THL

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# Lunch Break

## 12:15-13:00

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# WP3 - Evaluation

## 13:00-14:10

### Moderator:

**Beatrice Formenti**

Project Manager of JACARDI, Fondazione Policlinico Gemelli

### Speakers:

**Michal Nowicki**

WP3 Leader, PUMS

**Karolina Michalak**

WP3 Leader, PUMS

**Hanna Shchetynina**

WP3 Co-leader, PHC

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# Wrap - up

## 14:10-14:15

### Speakers:

**Benedetta Armocida**

Coordinator of JACARDI, ISS

**Graziano Onder**

Scientific Coordinator of JACARDI, Fondazione Policlinico Gemelli

# End of Day 2 - General Assembly

## 28 November 2023 - 14:15

### Curiosity

#### **Did you know that Rome has more fountains than any other city in the world?**

The city boasts over 2,500 fountains of various shapes and sizes, with a distinctive cylindrical design that Romans affectionately call “nasoni” (big noses).

#### **Did you know that your wishes at the Trevi Fountain serve a good cause?**

To uphold tradition, almost every visitor tosses at least three coins into the Trevi Fountain. At the end of each day, an average of around €3,000 is collected, amounting to €1.4 million annually, which the city donates to charity.



# Day 2

28 November 2023

## Side Events

Time 14:30 - 17:30

### WP6 - Health literacy and awareness of CVD and DM

14:30-17:30

#### Aula Rossi

(Via Giano della Bella 32, Rome)

Remote attendance options available [CLICK HERE](#)

#### Moderators:

**Mounia Elyamani**

WP6 Leader, SpF

**Richard Osborne**

WP6 Leader, SpF

**Ane Fullaondo Zabala**

WP6 Co-leader, Biosistemak

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### WP7 - Data availability, quality, accessibility and sharing

14:30-17:30

#### Aula Pocchiari

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

#### Moderators:

**Markku Peltonen**

WP7 Leader, THL

**Hector Bueno**

WP7 Co-leader, SERMAS/FIBH120

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# WP8 - Screening high-risk populations and individuals

14:30-17:30

## Aula Bovet

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

### Moderators:

#### Hanna Tolonen

WP8 Leader, THL

#### Luigi Palmieri

WP8 Co-leader, ISS

#### Chiara Donfrancesco

WP8 Co-leader, ISS

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# WP10 - Patients' self-management

14:30-17:30

## Aula Marotta

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

### Moderators:

#### Bernardino Morillo

WP10 Leader, FUNDESALUD

#### Roberta Papa

WP10 Co-leader, Marche Region

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# End of Day 2 - Side events

## 28 November 2023 - 17:30

### Q Curiosity

**“Did you know that there is a place in Rome that hosts one of the largest and most diverse collections of roses from all around the world?”**

The Roseto Comunale is known to be one of the most beautiful gardens in the world, housing over 1,000 different varieties of roses from every corner of the globe. Situated on the Aventine Hill, it offers a spectacular view of the Eternal City, attracting visitors from all around the world.



# Day 3

29 November 2023

## Side Events

### Registration

08:30-09:00

#### Aula Bovet and Marotta

(Viale Regina Elena 299, Rome)

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### WP9 - Integrated care pathways

9:00-17:00

#### Aula Bovet

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

#### Moderators:

##### Helena Safadi

WP9 Leader, GOKVI

##### Edwin Wouters

WP9 Co-leader, University of Antwerp

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### WP11 - Labour participation of people living with NCDs

9:00-12:00

#### Aula Marotta

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

#### Moderators:

##### Michal Nowicki

WP11 Leader, PUMS

##### Ewelina Chawłowska

WP11 Leader, PUMS



## **Matilde Leonardi**

WP11 Co-leader, Istituto Nazionale Neurologico Carlo Besta

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### **Scientific Directors:**

Benedetta Armocida, Istituto Superiore di Sanità (ISS)

Graziano Onder, Fondazione Policlinico Gemelli

Beatrice Formenti, Fondazione Policlinico Gemelli

### **Scientific Secretariat:**

Tiziana Grisetti, Istituto Superiore di Sanità (ISS)

Cinzia Lo Noce, Istituto Superiore di Sanità (ISS)

### **Administrative Office:**

Claudia Meduri, Istituto Superiore di Sanità (ISS)

Matilde Bocci, Istituto Superiore di Sanità (ISS)



# → Practical information

**Kick-off meeting**

**JACARDI**

**27-28 November 2023**

**29 November for WP9 and WP11**

**Istituto Superiore di Sanità**



## Location

**Istituto Superiore di Sanità**

Viale Regina Elena 299, 00161 – Rome

[CLICK HERE](#) for Google Maps

## Directions & Transport

**How to get to the Istituto Superiore di Sanità:**



**by Subway:**

- You can take **Metro Line B** and get off at the “Policlinico” station. From there, it’s an 8 minute walk.



**by Tram:**

- You can take the **Tram Line 2 or 19** and get off at the “Regina Elena (V.le Università)” stop.



**by Bus:**

- You can take the **Bus line 3L or 19L or 88 or n3s** and get off at the “Regina Elena (V.le Università)” stop. From there it’s a 3 minute by walk.





# How to reach the main transportation hubs from the Istituto Superiore di Sanità



## Termini Railway Station

[CLICK HERE](#) for Google map

- You can **walk for 8 minutes to the Metro B station “Poli-clinico.”** From there, take the metro in the **direction of Laurentina** and get off after **two stops at the “Termini” station.** The total travel time is approximately **16 minutes.**
- Otherwise, you can take a **25 minutes walk** for 1.7km.



## Tiburtina Railway Station

[CLICK HERE](#) for Google map

- You can **walk for 4 minutes to the Bus stop “Tiburtina/ Castro Laurentiano”.** From there, **take the Bus line 71 in the direction of Staz.ne Tiburtina** and get off after **three stops at the “Tiburtina” station.** The total travel time is **approximately 10 minutes.**
- Otherwise, you can **take a 20 minutes walk** for 1.5 km.



## Airport “Leonardo da Vinci” (Fiumicino)

[CLICK HERE](#) for Google map

- The **airport is connected to Termini railway station by 30 minutes nonstop trains, and to the Tiburtina railway station by 45 minutes trains.** The total travel time is approximately **1 hour.**



## Airport “G.B. Pastine” (Ciampino)

[CLICK HERE](#) for Google map

- A **subway connects the railway station of Ciampino with Termini railway station by 12 minutes.** The total travel time is **approximately 1 hour.**

# → Social Events

**Kick-off meeting**

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**Istituto Superiore di Sanità**



## **Apero - JACARDI**

**27 November 19:00-22:00 CET**

**Terrazza Caffarelli**

Piazzale Caffarelli, 4

[CLICK HERE](#) for Google Maps

- You can **walk to the “Policlinico” Metro station.** Take **Metro Line B** towards **Laurentina** and get off at the **4th stop, “Colosseo.”** After taking a moment to **admire the Colosseum,** you can **continue by foot** for 1.2 kilometers (approximately **15 minutes**).  
**We can walk together and have a nice chit-chat!**
- Alternatively, you can **take Bus Line 3L, 19L, or 88** towards **Valle Giulia** and get off at the 5th stop, **“V.Le Regina Margherita/Nomentana.”** From there, you can take **Bus 60** towards **“Piazza Venezia”** and get off at the 5th stop, **“Piazza Venezia.”** Terrazza Caffarelli is a **5-minute (300 meters) walk** from there.

*We are enthusiastic to welcome you to a delightful evening at the Caffarelli Terrace, offering a stunning backdrop of the Roman rooftops.*

*Our culinary offerings prioritize sustainability and health. Locally sourced, low in sugars, and with veggie and vegan options. In a deliberate choice, we’ve decided not to offer alcohol, aiming to send a strong message about the promotion and prevention of NCDs.*



# Yoga and Meditation

28 November 8:00-8:45 CET

Istituto Superiore di Sanità

**Aula Bovet**

(Viale Regina Elena 299, Rome)

[CLICK HERE](#) for Google Maps



*We will start our second day of the Kick-Off Meeting with an engaging yoga and muscle awakening session! This dynamic and invigorating practice not only prepares you for a productive day but also offers numerous short-term benefits.*

*From a physical standpoint, stretching and muscle awakening will enhance your flexibility and mobility, helping to reduce muscle tension and improve posture. You'll immediately feel the benefits of the session on your body, loosening stiffness and reducing the risk of muscle strains.*

*On the mental front, yoga promotes relaxation and concentration. During the session, you can clear your mind of stress and worries, increasing mental clarity and a sense of well-being.*

*This session is suitable for everyone; you don't need to be athletic or highly trained to participate! Just ensure that you're comfortable and at ease in your clothing, or bring a change of clothes if you prefer. The only thing you need to bring is your enthusiasm to join in and participate wholeheartedly!*

*So, get ready to experience a genuine revitalization, both physically and mentally.*

# Cultural Event

## Basilica of St Lawrence Outside the Walls and catacombs

28 November 18:45-21:00 CET

### Basilica of St Lawrence Outside the Walls

Piazzale del Verano, 3

[CLICK HERE](#) for Google Maps

### Five minutes by walk from the Istituto Superiore di Sanità.

We can walk together and have a nice chit-chat!

*Close by the S. Lorenzo neighborhood, right on Piazzale del Verano, you will encounter the beautiful portico of this church. Behind those columns lies centuries of history waiting to be explored.*

*The first church was commissioned by Constantine in 330 AD. It was designed as a “cemetery basilica”, featuring a circular layout with three naves, situated near the tomb of the martyr Lorenzo. Over the centuries, the basilica was enriched by the tombs of the faithful who, being buried near the martyr’s remains, hoped to secure divine salvation through this unique connection.*

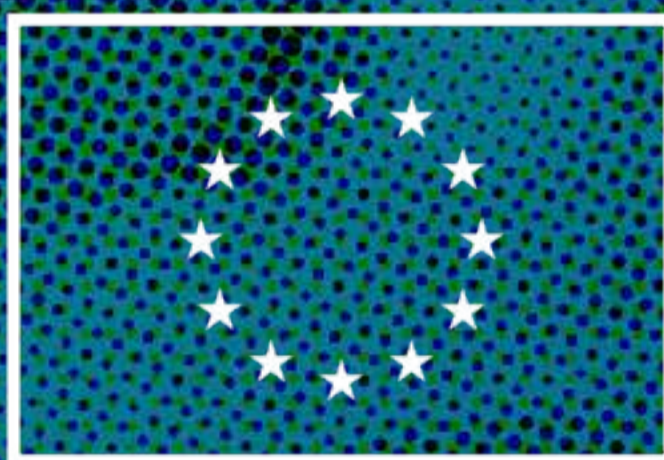
*Exploring the cultural and artistic treasures within this church and its catacombs not only offers a profound historical perspective but can also have a positive impact on your well-being.*

*Immersing oneself in art and culture has been shown to reduce stress, boost mental and emotional well-being, and stimulate a sense of wonder and awe.*





# JACCARDI



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