



Evento

"Verso un approccio globale per la salute mentale. Dalle iniziative europee alle strategie di risposta italiane"

Roma 13 dicembre 2023



La nuova Joint Action «Healthier Together» EU NCD Initiative Mental Health Together (MENTOR)

Gemma Calamandrei –
Centro di riferimento per le scienze comportamentali e la salute mentale
ISTITUTO SUPERIORE DI SANITA'



Joint Action DP-g-23-32-01 – mental health

Commission Communication on a comprehensive approach to mental health

Mental health across policies approach

- Promotion of good mental health and prevention of mental health problems
- Early detection and screening of mental health problems
- Actions to further tackle psychosocial risks at work
- Support and improving access to treatment and care of mental health problems
- Improved quality of life for patients, their families and carers
- Cross-cutting issues: research, role of digital tools, training and support, exchange and networking, focusing on needs of vulnerable groups (e.g. children and young people) and socio-economically disadvantaged groups (not in education,

Joint Action: 'Healthier Together'
EU NCD Initiative –
Mental Health

Yvette Azzopardi, Policy Officer, SANTE, B4

EU4Health 2023 work
DP

Joint Action DP-g-23-32-01 – mental health

Objectives and scope

- **Mental health in all policies (coordinated approach)**
- **Promotion of good mental health and prevention of mental health problems**
- **Early detection and screening**
- **Management of mental health problems**
- **Quality of life, stigma, discrimination**



National policy frameworks for mental health promotion and services, including monitoring and evaluation of the implementation of existing policies

A **coordinated approach** between public authorities in multiple ministries and other relevant stakeholders

Prevention activities outside the health sector e.g. education, employment.

Monitor impact of **health determinants** on mental health (physical inactivity, drugs, alcohol), also commercial and social determinants, and digital transformation on mental health of children and young people.

Improve **availability** of mental health services

Focus on **vulnerable groups** and **marginalised populations** (migrants, refugees, Roma, displaced people from Ukraine)

Create **favourable conditions** for patients, their families and (in)formal carers

Support Member States in implementing Commission Communication on a comprehensive approach to Mental Health

Expected impact of the Joint Action

This joint action will support the efforts of the Member States to reduce the burden of NCDs (approximately 80% of the disease burden in Europe), in particular that related to mental health problems.

The short-term impact would be an **increased number of public health interventions being scaled up in all Member States** and improvements in health promotion and disease prevention, and management policies related to mental health.

MENTOR

Mental Health Together

Call reference: EU4H-2023-JA-IBA-04 - (DP-g-23-32-01) Direct grants to Member States' authorities

Title: 'Healthier Together' EU NCD initiative – Mental health"

Coordinator: State Ltd "Riga's Psychiatry and Narcology Centre" (Latvia)

Co-Coordinator: ISS - Istituto Superiore di Sanità (Italy)

ProMIS involved as AE of ISS

Available budget: EUR 6.000.000

Call deadline: 31st October 2023

Project duration: 36 months

The MENTOR consortium is large and has extensive geographical coverage across Europe: 45 institutions across 21 countries

Joint Action DP-g-23-32-01 – mental health

Expected results

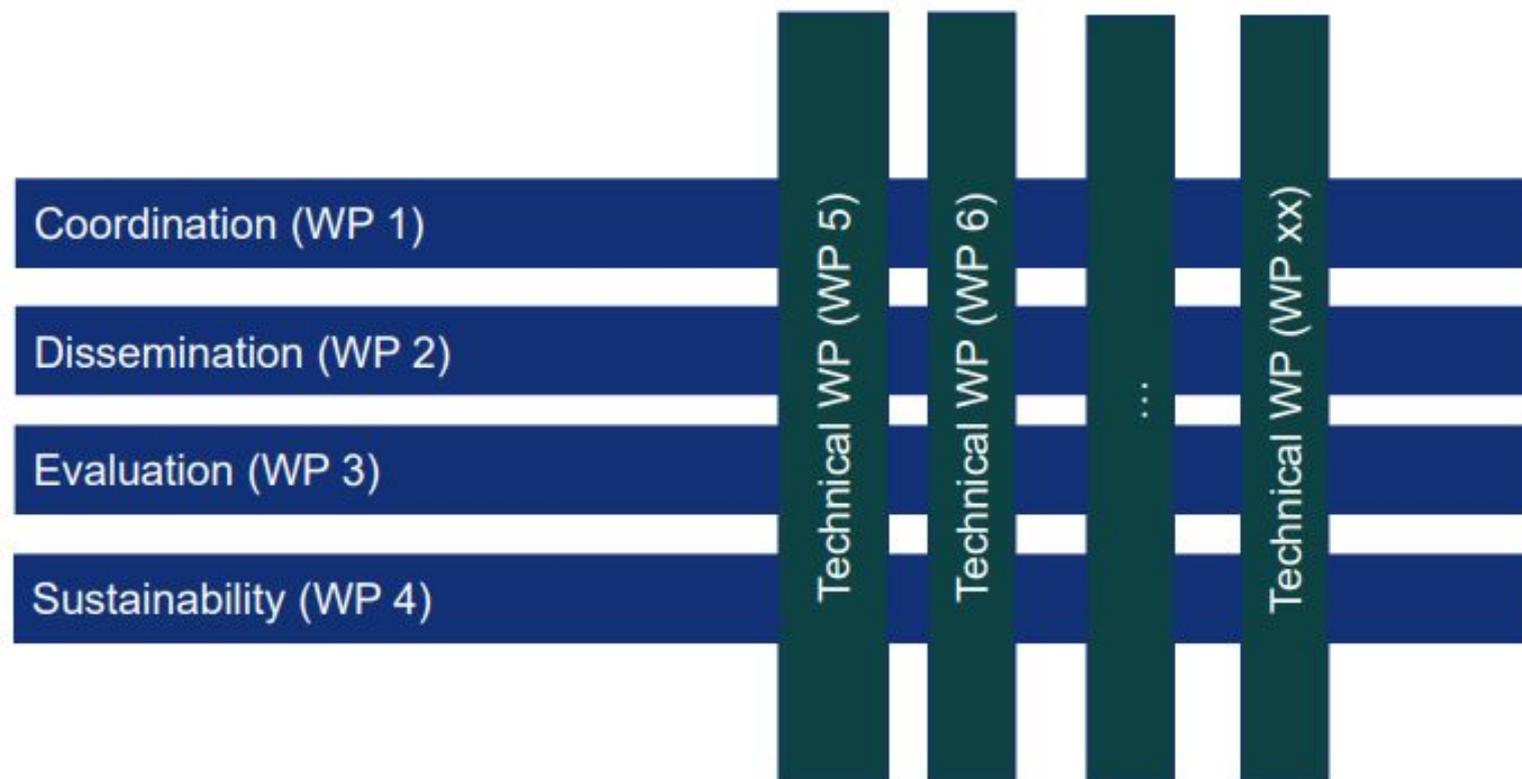
- improved mental health promotion and prevention
- better and earlier detection of individuals at risk of developing mental health problems
- improved access to evidence based and innovative approaches to managing mental health conditions in communities
- improved quality of life of patients and their families/(in)formal carers in the Member States.

The Italian national team

- **ISS - Istituto Superiore di Sanità (Coordinating Authority)**
 - Ministero della Salute
 - AEs: ProMIS, ASL Torino1, Regione Lombardia
 - Collaboration with several **Regions** and Local Health Services
- Francesca Cirulli, Angelo Picardi e Maria Luisa Scattoni (ISS)
 - Maria Assunta Giannini e Giuseppe Salamina (Ufficio 6 Min Sal)
 - Lisa Leonardini, Fabio Abbrescia, Giovanni Viganò, Paola Semisa e tutto il team ProMIS

Joint Action DP-g-23-32-01 – mental health

Standard Structure of Joint Action



4.1 Work plan

Work plan			
<i>Provide a brief description of the overall structure of the work plan (list of work packages or graphical presentation (Pert chart or similar)).</i>			
No.	Work package name	Task leader	Task co-leader
WP 1	Coordinator	Latvia (RPNC)	Italy (ProMIS)
WP 2	Dissemination	Poland (NHF)	-
WP 3	Evaluation	Spain (Biosistemak)	-
WP 4	Sustainability	Hungary (OKFŐ)	Slovenia (NIJZ)
WP 5	Building bricks for integrated and comprehensive Mental Health and Wellbeing Actions	Italy (ISS)	-
WP 5.1	Advancing mental health in all policies: methods to evaluate and deliver at national and regional levels	The Netherlands (RIVM)	Sweden (PHAS)
WP 5.2	Supporting prevention / promotion actions targeted to young people in community setting	Hungary (OKFŐ)	-
WP 5.3	Involvement and joint ownership by people with lived experience (PLE) in the mental health policies	Germany (SB)	Italy (ASL Turin)
WP 5.4	Integrated care pathway for promoting social inclusion and quality of life of people with Mental Health disorders	Italy (ISS)	-
WP 6	Innovative Digital Solutions for Improving Mental Health across Europe	Denmark (RSD)	Norway (NIPH)
WP 6.1	Preventing mental disorders and promoting mental health throughout the life course	Iceland (Directorate of Health)	-
WP 6.2	Successful implementation of best practice methods and tools	Denmark (RSD)	-
WP 6.3	Innovative, best practice solutions to assessing and monitoring the mental health status across Europe	Norway (NIPH)	-

WP 5 «Building bricks for integrated policies in mental health»

- ❑ **Task 5.1 Mental health in all policies:** produzione di linee guida da condividere tra i Paesi partecipanti per l'inclusione di misure per la salute mentale in tutte le politiche di welfare
- ❑ **Task 5.2** Identificazione e condivisione di **programmi/azioni efficaci a livello di comunità** nel promuovere la salute mentale e prevenire il disagio tra i giovani. Formazione degli operatori per i diversi target e metodologie
- ❑ **Task 5.3** Coinvolgimento delle **Persone con Esperienza** nei percorsi di cura, recovery e inclusione attraverso studio pilota
- ❑ **Task 5.4 Budget di salute:** condividere l'esperienza italiana come modello esportabile di cura personalizzata e integrata

Task 5.1, The Netherlands, Sweden co-leader

Advancing mental health in all policies: methods to evaluate and deliver at national and regional levels

- ❑ As of yet, the existing body of knowledge as regards MHIAP is not as well-developed as its ‘general’ counterpart (HIAP); a well-developed MHIAP approach is needed, that also takes into account specificities related to (public) mental health policymaking. This task thus aims to deliver on MHIAP methodology and implementation guidance that builds on practical and theoretical insights.
- ❑ Questions that will be addressed include ‘how does integrated policy making actually work’, ‘how can it be organized’, ‘how can it be sustained and developed further’?

Task 5.2, Hungary

Supporting prevention / promotion actions targeted to young people in community setting

- ❑ This will focus specifically on interventions aimed at fostering prevention, reducing stigma and promoting social inclusion, especially among young people.
- ❑ Mapping existing evidence-based guidelines of prevention and promotion interventions targeted to young people and, consequently, develop selective community programs for mental health promotion and prevention in different settings (municipality, schools, kindergarten, but also workplaces, sports, etc.) adjusted (designed) for different target groups (teachers, social worker).
- ❑ Catalogue of effective programs and development of guidelines for training programmes tailored for specific targets. Synergies with other EU projects (e.g. TSI Youth).

Task 5.3, Leader Germany, Italy co-leader Involvement and joint ownership by people with lived experience (PLE) in the mental health policies

- ❑ Each country will start from a different point. Some countries may have already a culture of involvement, participation or co-production, other countries may not even have a self-help movement. That means the first step in the project will be to describe different fields and spheres where involvement, participation or co-production take place.
- ❑ Partners will work on the collaboration among PLE, professionals and other actors of multidisciplinary teams. To do this, Partners will define processes, procedures and protocols for efficient co-working.
- ❑ PLE will be involved in decision-making processes regarding mental health care, treatment, services, utilization and access.

Task 5.4, Italy

Integrated care pathway for promoting social inclusion and quality of life of people with Mental Health disorders

- Taking the Health Budget as a model, define and implement in different MSs an integrated care pathway (different policies, funds, services, human resources, etc.) targeted on the person's needs and preferences and aimed at her/his full recovery and inclusion in the community.

Le sinergie per la realizzazione di un modello di integrazione sociosanitaria nella salute mentale

