

YOUNG50:
TRANSFERRING
THE CARDIO 50
EXPERIENCE TO
OTHER
MEMBER STATES:
SHARING
BEST PRACTICE
IN EUROPE

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The key objectives of the resulting project, entitled “**YOUNG50**”, which kicked off on May 1, 2019, are to adapt and export the CARDIO50 screening model to Lithuania, Romania, and Luxembourg, to affect the risk factors of cardiovascular, behavioural and medical diseases and to refine the screening model, starting from CARDIO 50, through comparisons among the MS participating in the project, with a view to obtaining maximum performance, sustainability and dissemination. It is expected that the outcomes deriving from attainment of these objectives will, on the one hand, enhance the tools used in CVD prevention in participating MS, on the other hand directly improve the health of the screened population.

Project partners

-  Azienda ULSS 6 Euganea (ITALY)
-  ProMIS - Azienda ULSS 4 Veneto Orientale (ITALY)
-  Ministère de la Santé - MOHLUX (LUXEMBOURG)
-  Viestoji Istaiga Centro Poliklinika (LITHUANIA)
-  Asociata Aer Pur Romania (ROMANIA)
-  Asociación Instituto de Investigación en Servicios de Salud - Kronikgune (SPAIN)

The project **CARDIO 50**, Organized cardiovascular risk screening programme for active prevention in fifty-year-olds, was developed and coordinated by the Centre for Disease Control and Prevention of the Veneto Region of Italy, involving 22 Local Health Authorities from 11 Italian regions. The objectives of **CARDIO 50** were to estimate cardiovascular risk among the 50-year-old population, identify persons with inadequate life styles, new cases of hypertension, hyperglycemia and hypercholesterolemia, activate an integrated model of assistance to help modify or reduce risk factors among healthy subjects, promote interventions to change unhealthy lifestyles, and increase knowledge and perceptions of CVD risks among the general population.

Priorities of the Work Programme for 2018 of the 3rd Health Programme.

Transfer and/or scaling up of existing good and best practices

CARDIO 50
as best practice

YOUNG50 Project

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