

Health at a Glance 2023

OECD INDICATORS

Francesca Colombo

Head OECD Health Division

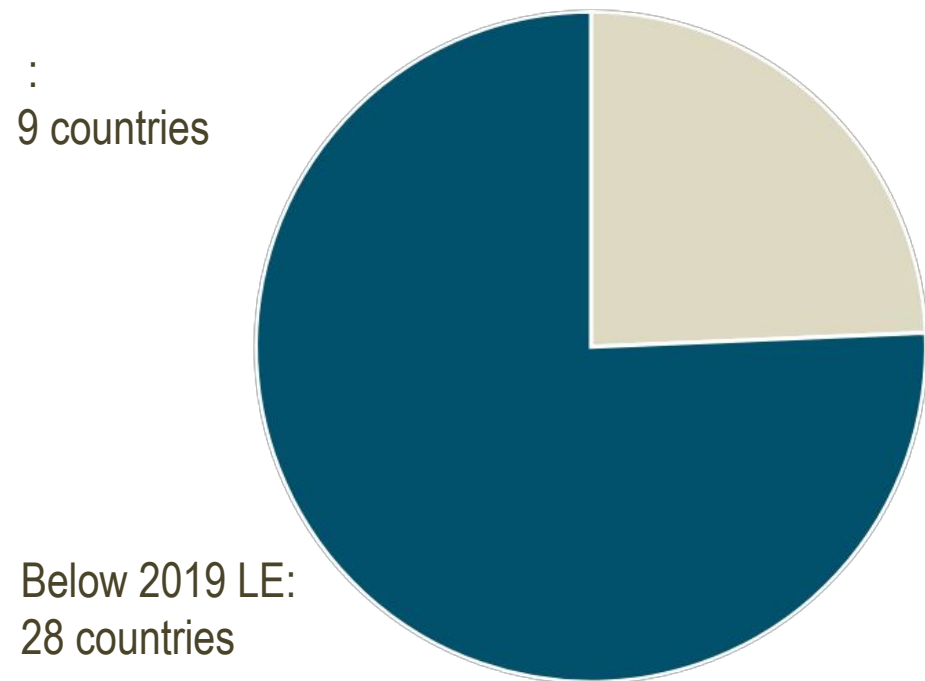
THCS Annual Conference



Societies have not fully recovered from the pandemic

Life expectancy is still below pre-pandemic levels for most OECD countries

Life expectancy, 2019 - 2022 (or latest year)



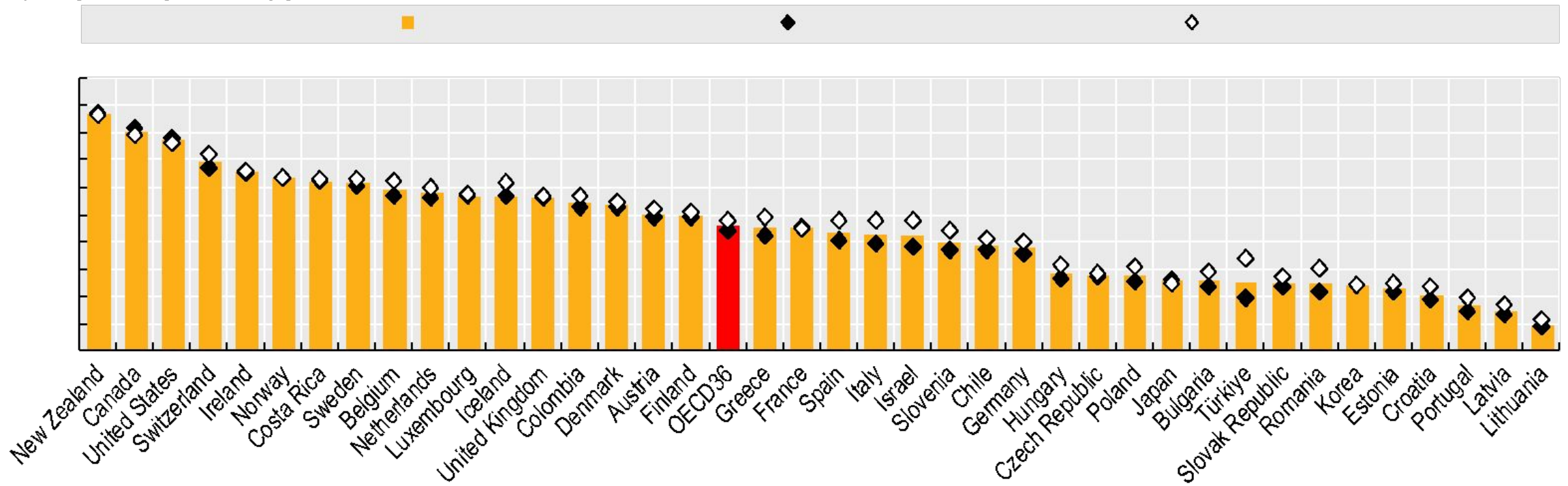
Mental ill-health is at least 20% higher than pre-pandemic levels

National prevalence estimates of depression or symptoms of depression, %, 2019-22 (or nearest year)



People live long, but not all age in good health

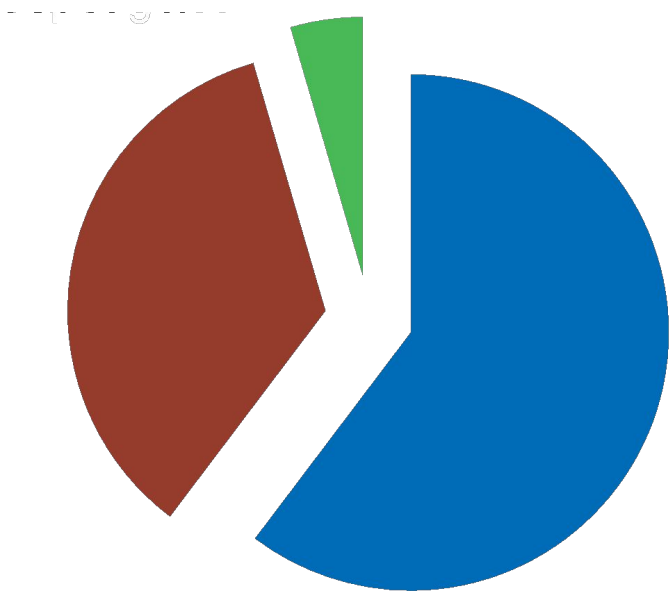
Adults aged 65 and over rating their own health as good or very good, 2021 (or nearest year)



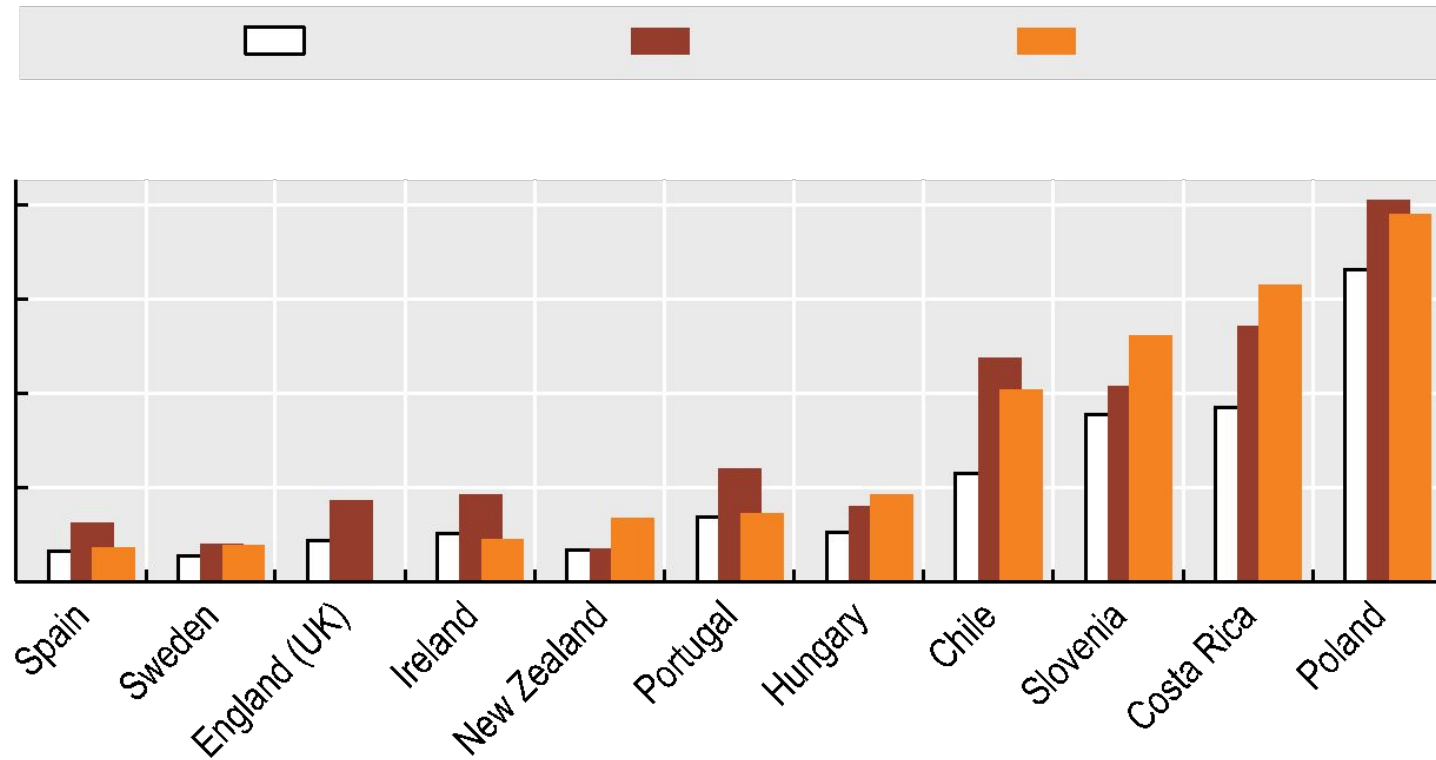
Note: Data for New Zealand, Canada and the United States are biased upwards relative to other countries, and so are not directly comparable.
Source: OECD Health Statistics 2023.

While overall quality of care is improving, barriers to access persist

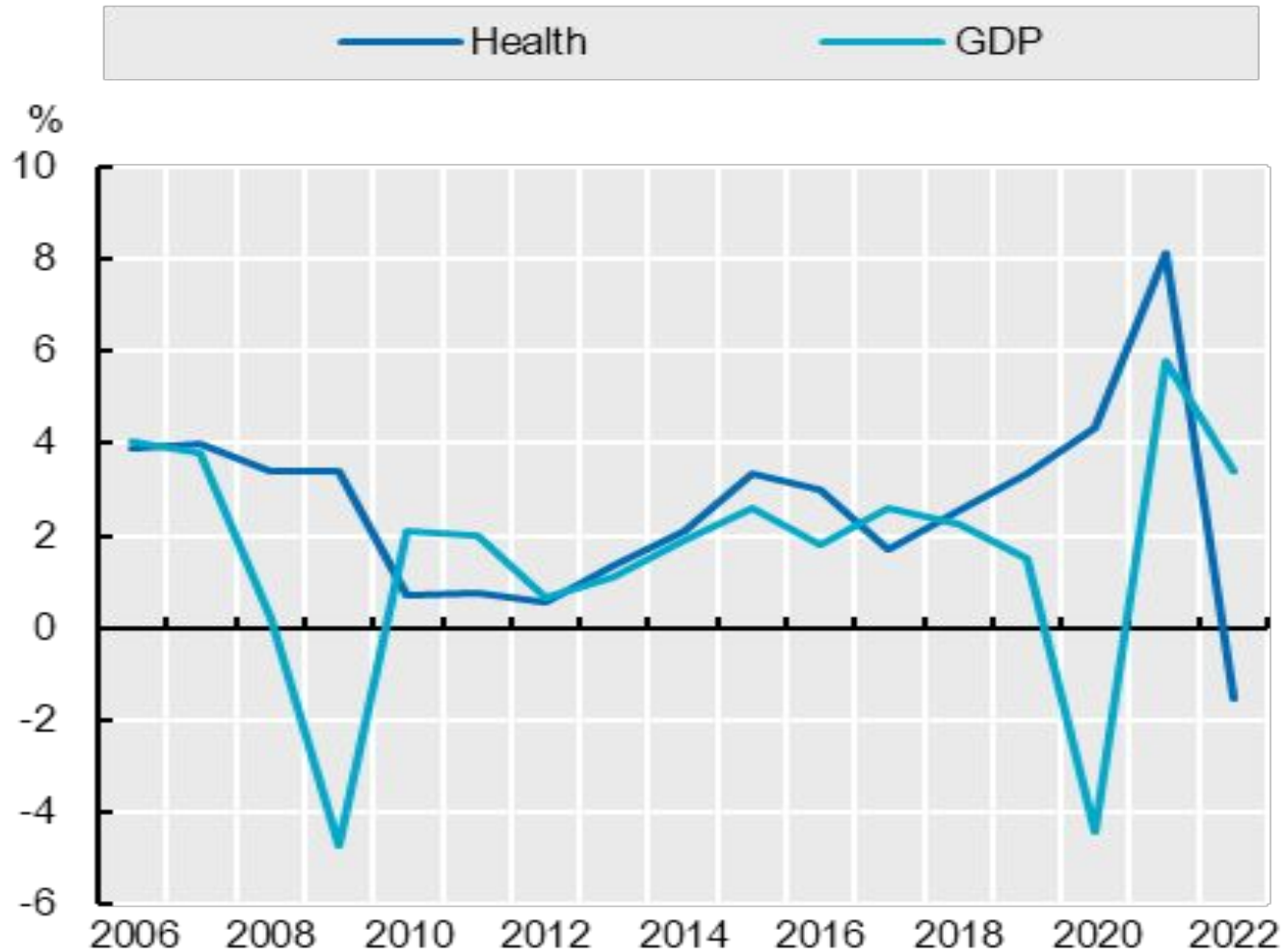
Main reported reason for unmet needs for medical care, 2021



Waiting times for hip replacement, 2019, 2020 and 2022



Health systems are again under financial pressure

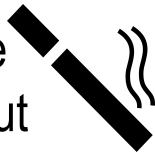


- Annual real growth in health spending per capita is now contracting
- On average, health expenditure was **9.2% of GDP in 2022**, down from 9.7% in 2021, but above the pre-pandemic level of 8.8%

As demand for more and better care grows in a tight fiscal context, health systems need to do better

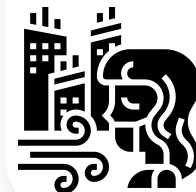
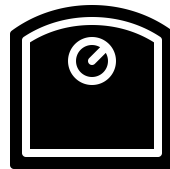
Better prevention: Unhealthy lifestyles & poor environment cause millions to die prematurely

- 15.9% still smoke daily, though has fallen over time
- Vaping rates low (3.2%), but are increasing in most countries



19% of adults reported heavy episodic drinking

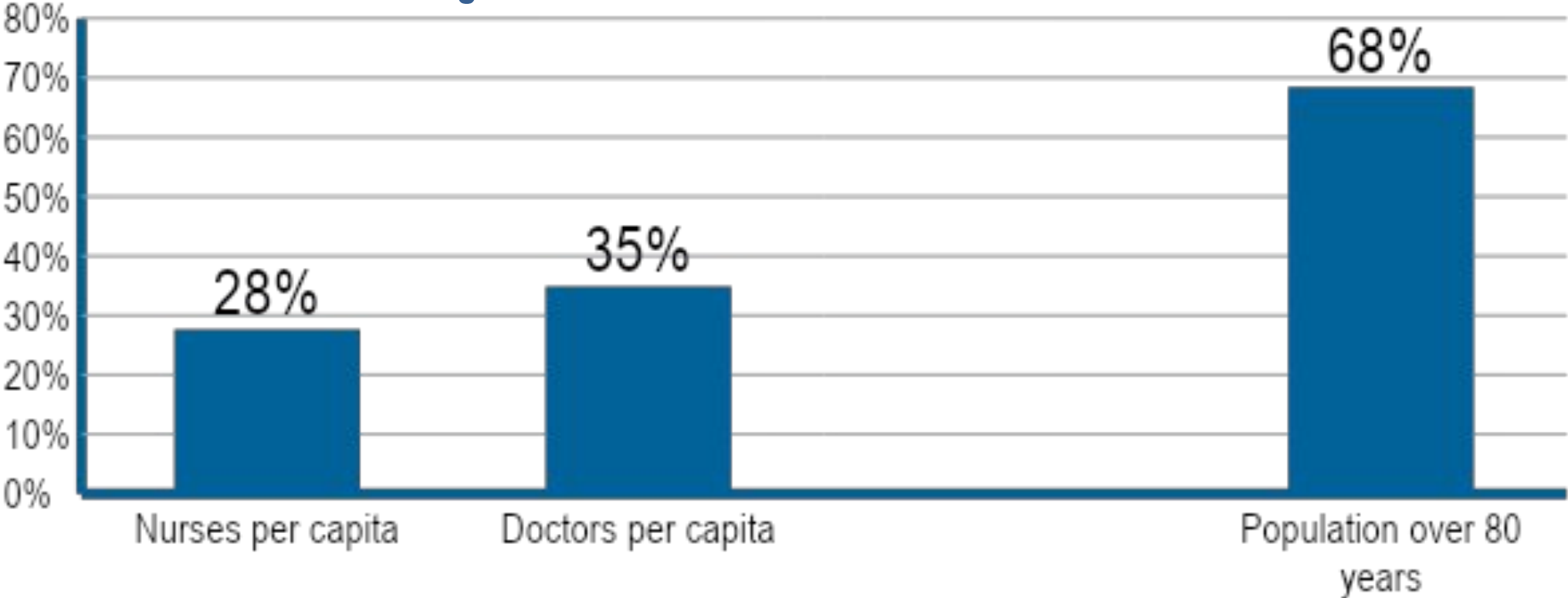
26% of adults are obese, only 40% do sufficient physical activity



Air pollution causes 29 deaths per 100 000 population

Stronger workforces: We may not be training enough doctors and nurses to keep pace with ageing

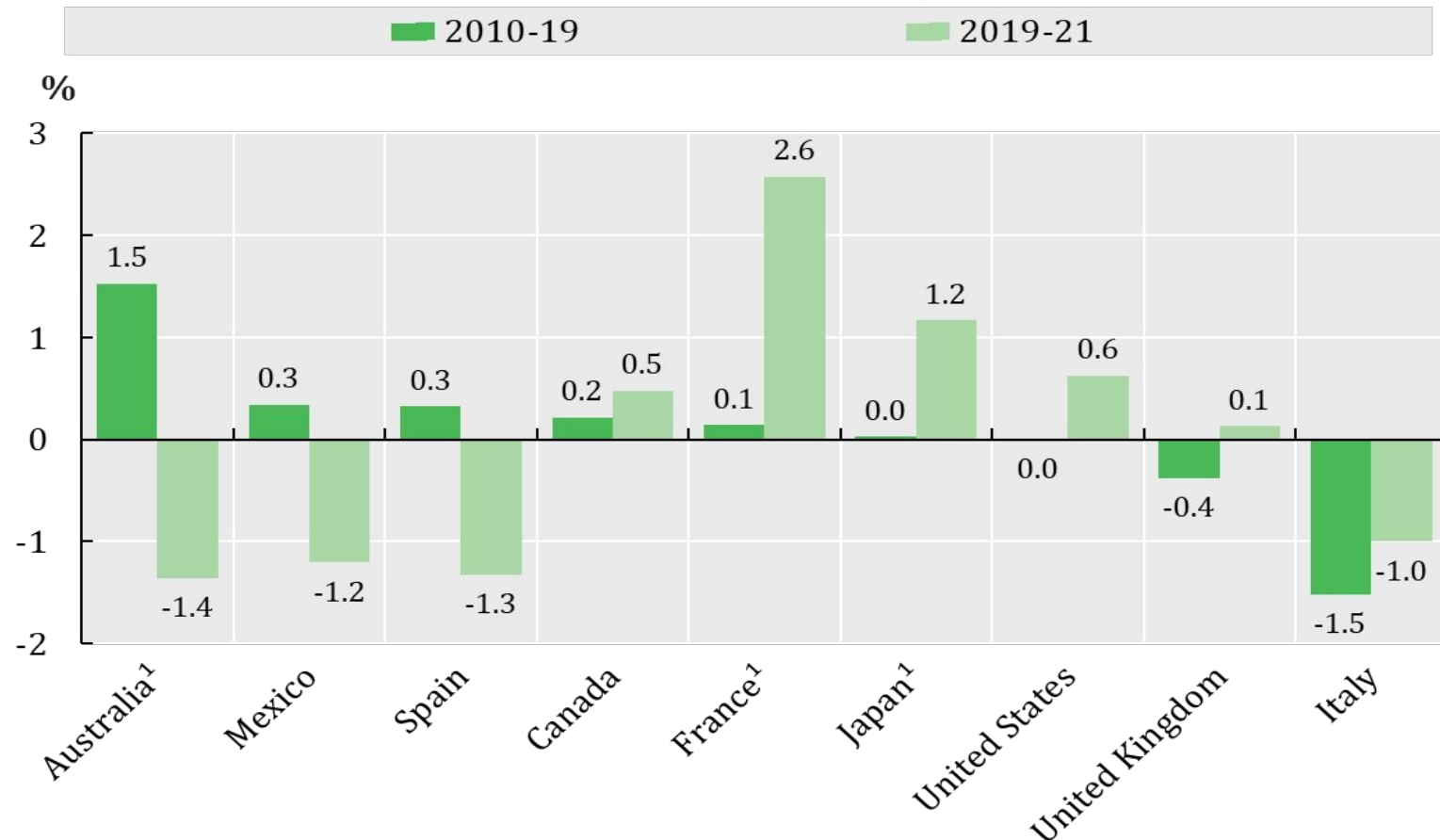
Doctors and nurses per capita and share of population over 80 years, % change from 2000 to 2021 across 28 OECD countries



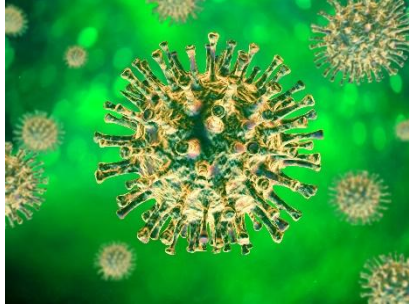
... and working conditions need to improve - real wage growth has stagnated in some countries

Average annual growth in hospital nurse remuneration (real terms)

57% of hospital physicians and nurses perceive staff levels and workspace to be **unsafe**



Digital health and health data have the potential to transform health systems



Antibiotics for superbugs

Virtually assess 000's of possibilities



Remote monitoring & telemedicine

Improves patient experience & lowers cost



Digital Emergency Rooms

Better throughput can save over \$1000 per patient



Improved public health

Tracking equitable vaccination uptake

However, many countries are ill-prepared for a digital health transformation

- Limited patients access to own digital health records
- Wide cross-country variation in ability to
 - **Link health datasets**
 - **Ensure interoperability**
 - Establish a comprehensive **data governance**
 - **Align digital health strategy goals**



Almost 90% of responding OECD countries reported having an online health portal in place. However, only 42% reported that the public could both access and interact with all their health data through the portal.



PATIENT PORTAL



Key priorities for reform:

- Greater focus on patients and populations: measure what patients need, not what providers do; invest in prevention
- Transform health services: from a focus on acute, single episodes of care, to integration and continuity of care
- Health workforces – right numbers, right skills, right places
- Digital transformation of health systems
- Money is getting tight in the aftermath of COVID-19: smart investments needed, cutting waste remains key

Towards person-centered integrated care in Italy

Italy is currently undergoing a reform process to strengthen integrated care at the community level.

The project “*Towards person-centered integrated care in Italy*” funded by the European Commission aims at supporting this reform process, building on international best practices of integrated care systems.



More information here:



Contact:

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