

NFP4Health - Joint Action on Increasing Capacities of National Focal Points

Examples of a Flagship TSI Initiative on
integrated care and a Multi-Country TSI
Initiative on youth wellbeing

Giovanni Viganò, ProMIS team
2023



This presentation is part of the action "NFP4Health"
which has received funding from the European Union's Health
Programme (2014-2020) under grant agreement No 101035965.



TSI 2023 - Flagship Towards person-centred integrated care

Supporting integration of social and health services in LTC in Italy



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TSI 2023 - Flagship Towards person-centred integrated care

This flagship technical support project aimed to support MS in designing and implementing structural reforms in the areas of health, social care and long-term care. The initiative helps strengthen coordination between these sectors and the integration of different levels of care delivery, putting the person at the center of services to ensure better access and quality of care at every stage of life.

- Healthcare helps people manage their medical conditions related to aging or chronic conditions. Social work services provide support that can cover any service, facility or resource, personal care, and social work, and aim to help people receiving social care live peacefully.
- In this context, **long-term care (LTC long-term care) encompasses care for different age groups and provides a range of services and assistance to people who, due to frailty and/or mental and/or physical disabilities over a long period of time, need help with activities of daily living and/or require permanent nursing/health care.**



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The situation in Italy and the need for a specific initiative

- ✓ **Lack of integrated models between health and social care**, also in order to achieve more appropriate territorial arrangements and individualized projects
- ✓ **Unconnected/integrated information systems between health and social care both at the national level** (NSIS and SIUSS) and at the territorial level between the management systems of Districts/Local Social and Health Authorities and Municipalities/Social Territorial Areas
- ✓ **Unresponsive services to the evolution of users (complexity and multi-problem)**
- ✓ **Poor coordination in the territorial "nodes": Districts/Local Social-Health Agencies and Municipalities/Social Territorial Areas, particularly with regard to Territorial Health Planning and Social Planning (Area Plan) of Municipalities/Social Territorial Areas (L. 328/2000), also in light of the new investments and reforms taking place on the NRRP (M5 and M6) starting with Community Homes, Continuity of Care Units, Territorial Operating Centers (Ref. DM 77 and National Non Self Sufficiency Plan), etc.**



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Objectives and expected results

Objectives

- ✓ Integrate health, social care and long-term care
- ✓ Create a system in which all health care providers act in a coordinated way for the benefit of people
- ✓ Improve people's access to and quality of services
- ✓ Support the implementation of EU health and social care priorities

Expected results

- ✓ Integrated models between health and social defined centrally in full coordination between social and health policies, with and in support of regional/local levels
- ✓ Information systems linked/integrated between health and social care
- ✓ Operators oriented to multi-professional and holistic approach
- ✓ Services fully responsive to changing users (complexity and multi-problem)



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Partners

Institutional Partners

- ✓ **Ministry of Health:**
 - General Secretariat
 - DG Health Planning
 - Mission unit for the implementation of NRRP interventions
 - DG of digitization, health information system and statistics
- ✓ **Ministry of Labor and Social Policy:**
 - DG for Poverty Alleviation and Social Programming.
- ✓ **ProMIS – Programma Mattone Internazionale Salute**
- ✓ **Regions/Autonomous Provinces – health and social departments**

Provision of indirect expertise by an international organization

DG REFORM involved throughout the duration of the project



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The submission process



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Timeline of the TSI 2023 roll-out

TSI annual conference

TSI roll-out, Country Visits

Present TSI 2023 submission process, flagship technical support projects, and multi-country projects and discuss Member States' priorities

Opening of IT Portal
(3 October)



Input by Coordinating Authorities for **possible multi-country projects** (5 September)

Deadline for submission of requests – TSI 2023 call (31 October)



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Template for request for a Flagship technical support project

TECHNICAL SUPPORT INSTRUMENT (TSI) PROGRAMME Regulation (EU) 2021/240 (TSI Regulation)

REQUEST FOR A FLAGSHIP TECHNICAL SUPPORT PROJECT

DEADLINE: 31 October 2022

TSI 2022



[Redacted area]

Member State:	
Title of the request:	
Order of priority of the request:	
Total number of requests:	
Date of submission:	dd/mm/yyyy

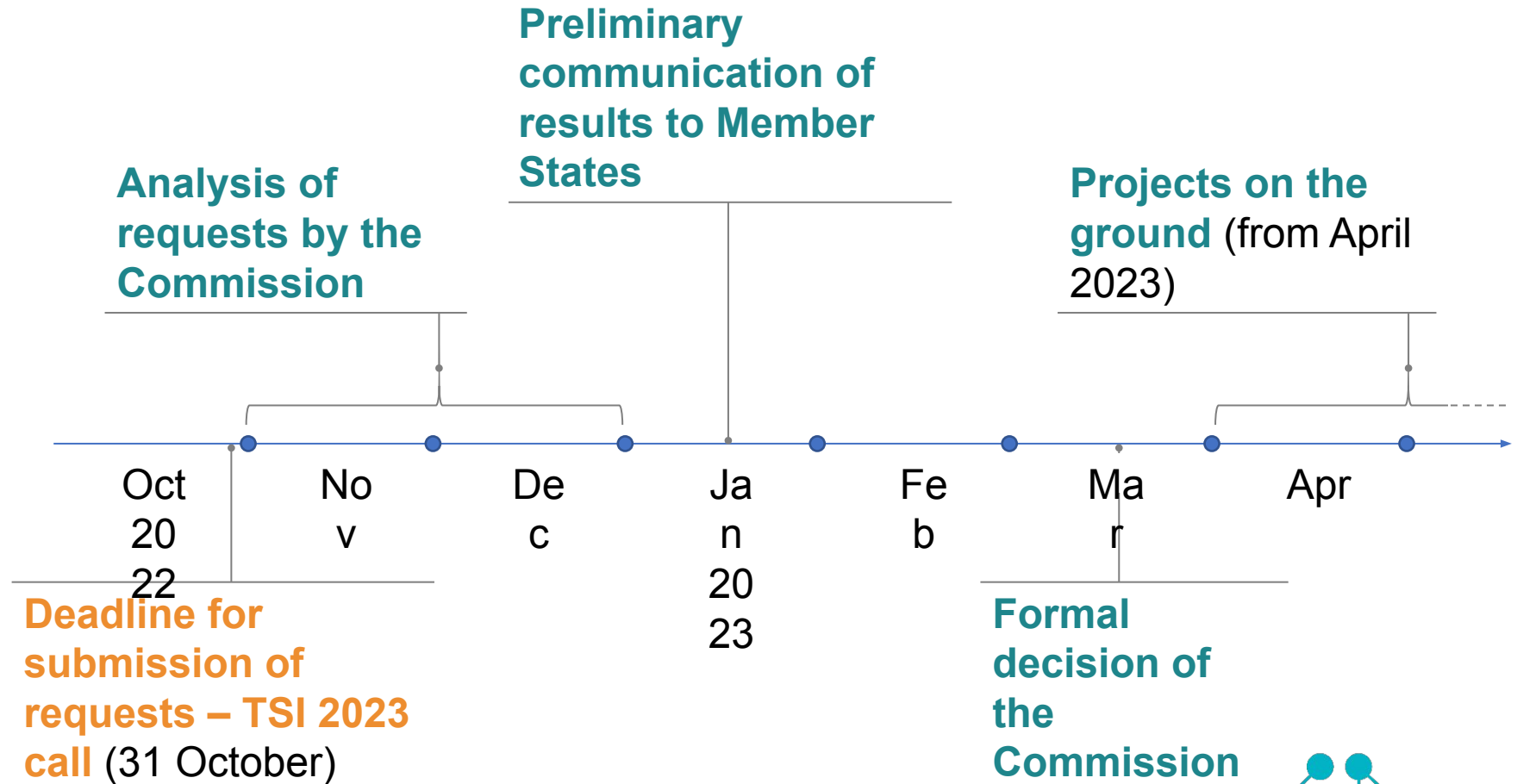
COORDINATING AUTHORITY	
Name	
Address	
Contact person	[Mr/Ms x, y, z]
Email	
Telephone number	

¹ Regulation (EU) 2021/240 of the European Parliament and of the Council of 10 February 2021 establishing a Technical Support Instrument, OJ L 57, 18.2.2021, p. 1–16.



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Timeline of the TSI 2023 adoption of the request



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Activities and duration of the project

- **Mapping and analysis of existing IT tools and organizational systems** at national, regional, territorial level to support the assessment and integrated management of non-self-sufficient people
- **Feasibility study with respect to the application of Social Prescribing (SP)** in the Italian context
- **Development of a strategy and roadmap to support the development of integrated care models**
- **Pilot implementation in some regional contexts**
- Analysis of **good practices** from other Member States

DURATION: 26 months starting from July 2023 (estimated date)



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TSI 2023 - YOUTH FIRST – supporting children and youth wellbeing, education, training, social protection and labour prospects

Supporting the implementation of child guarantee



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The situation in Italy and Slovenia and the need for a specific initiative

Mental health disorders and obesity are growing areas of concern in Europe, which have been exacerbated by the COVID-19 pandemic. **Nine million adolescents in Europe (aged 10 to 19)** or an equivalent of 16.3% for this age group, **are living with mental disorders, with anxiety and depression** accounting for more than half of all cases (UNICEF, 2021).

Considering the latest available data of the WHO European Childhood Obesity Surveillance Initiative (COSI), Italy is among the three countries where the highest prevalence of both overweight and obesity for both genders was observed (WHO COSI 2022). In Slovenia, a study showed that among young people aged between 25 and 29, the share of young people with a body mass index greater than 30 increased by 50% compared to 2010. The share of young people who feel stressed a few or most days a week has increased by 110% (Mladina 2020).



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Objectives and expected results

Slovenia and Italy are seeking support to address these two critical health problems among children and young people, with a particular focus on vulnerable young people, as they are particularly affected by these issues (lower socio-economic background, more difficult access to information).

Both countries put in place prevention and treatment programmes targeting mental health issue and obesity, with the support of local communities, coming from health, social and education sector. However, despite these efforts, the effectiveness of the programmes is jeopardised by a lack of collaboration among the different stakeholders and services supporting mental health of young people.

This fragmentation of health and social services is due to the lack of common working procedures among professionals, a lack of information on support provided by other services.



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Relevant reform processes in the two countries

- **European Child Guarantee (2030) and EU Strategy for the Rights of the Child (2022-2027)**
- **EU Youth Strategy goals (2027)**

- **Italian National Action Plan for Childhood Guarantee (PANGI) (2030):**

in particular AXIS 2. Psychological and social well-being of girls and boys, pre-adolescents and adolescents and Axis 3, action n.10: Facilitate the access of adolescents with a migrant background or belonging to minorities to psychological care.

- **The Slovenian National Mental Health Programme (2018–2028) :**

In particular objectives 1,2,3,4,5,6,7 of the Programme.



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TSI 2023 – Multi-country YOUTH FIRST

The technical support will provide a collaboration framework for professionals involved in mental health support and obesity prevention of young people (health, social, education and non-governmental stakeholders) with the aim to improve the effectiveness of community programmes in place, with a specific attention given to vulnerable young people.

The support measures will assess the current state of play of the cooperation amongst various stakeholders involved in the mental health and obesity support and the challenges for their cross-sectoral collaboration.

Based on a model of care targeted to the Italian and Slovenian context, collaboration protocols will be developed and piloted. In parallel, capacity-building actions will take place targeted to professionals from different sectors (school, social and health care) and volunteers who work with children and youth. **The sustainable involvement and consultation of young people in health and social issues will be included in a methodology and piloted during this project,** as young people will be part of the TSI project governance and consulted on key deliverables.

It is **important that synergies are ensured with the TSI project with Italy 23IT26 on “Strategy for building synergy among health and social sector”.**



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Partners

Institutional Partners - Slovenia

- ✓ Ministry of Health

Institutional Partners - Italy

- ✓ Ministry of Health
- ✓ Ministry of Labor and Social Policy
- ✓ ProMIS – Programma Mattone Internazionale Salute
- ✓ Regions/Autonomous Provinces – health and social departments

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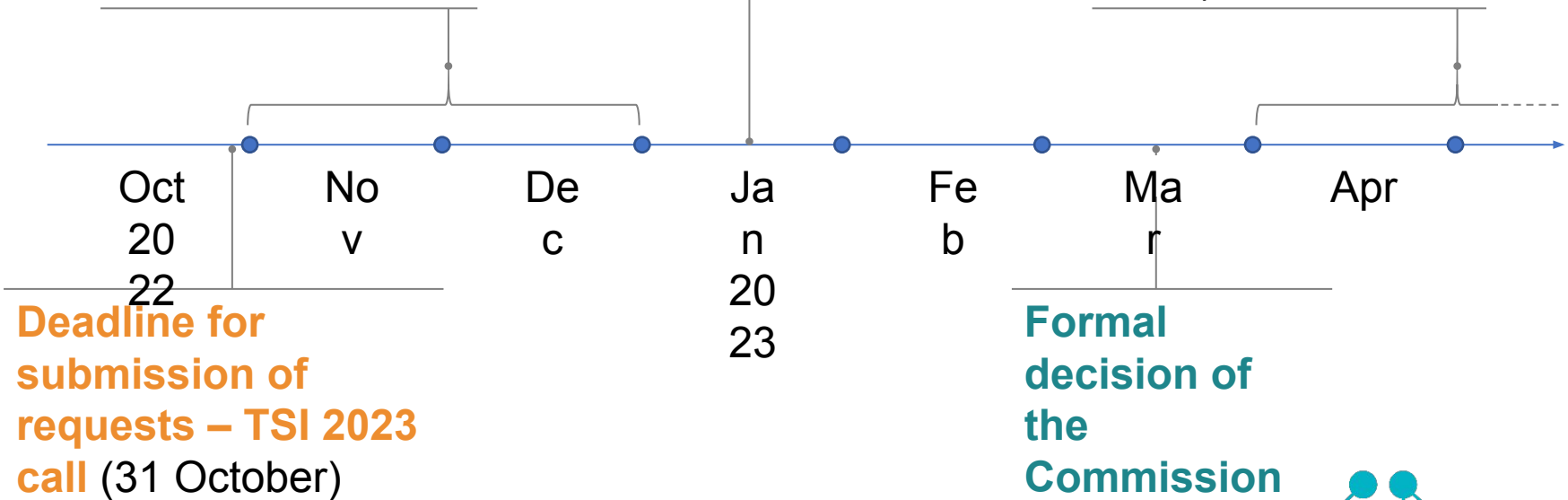
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Timeline of the TSI 2023 adoption of the request

Preliminary communication of results to Member States

Analysis of requests by the Commission

Projects on the ground (from April 2023)



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Activities and duration of the project

- **Analysis of state of play of the cooperation of stakeholders providing mental health support for vulnerable youth and children and recommendations for enhanced cross-sectoral collaboration**
- **Proposal of a framework for the development and implementation of a model for mental health provision and physical well-being for youth and children**
- **Capacity-building to implement the proposed model for mental health provision and physical well-being for vulnerable youth and children**
- **Communication, consultation and dissemination activities**

DURATION: 26 months starting from September 2023 (estimated date)



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Thank you for your attention!

Giovanni Viganò ProMIS team



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