

What is Integrated Care?

Integrated Care is a way of working collaboratively, between a range of health, social care and support organisations, to help improve people's health and wellbeing. The organisations involved work together in a partnership, often sharing budgets, staff and other resources where appropriate, to best meet people's needs and preferences.

VIGOUR is a project co-funded by the EU's Health Programme and focuses on supporting care organisations in regions across Europe to deliver improved and integrated health and care services. The 36 month project is utilising the growing body of evidence, experiences and good practices on how to successfully implement integrated care services and applying this knowledge in a contextual way for each region.

VIGOUR provides care organisations with guidance and support to address their prioritised challenges and thus enable them to progress their local integrated care journey.



Towards patient-centred integrated models of health & care



Mutual learning and guideline development



Scaling-up integrated care best practices in Europe

Our Partners



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Evidence-based guidance to scale-up integrated care in Europe

VIGOUR's Aims

European Member States are at different stages of their integrated care journey. VIGOUR is an ambitious project designed to support care organisations to address the challenges they face implementing Integrated Care including how to:

- make use of successful examples of care integration and contextualize these to their local delivery conditions;
- develop a consensus on purpose and common language;
- achieve joined-up and co-ordinated person-centered care;
- identify success factors and sustainability in the short, medium and longer term;
- use digital solutions to facilitate data and information flow and exchange;
- exploit all assets to innovate and transform.

Pilot Regions

VIGOUR involves 15 regions across 7 European member states taking the next steps towards delivering integrated care. Care organisations in each region will be working together to provide better streamlined and coordinated services for people living with chronic illnesses and other conditions and needs. Each pilot region will be assisted to identify, review, adapt and adopt good practices taking into account its local ambitions and needs, as well as developing its capacities and capabilities to continue enhancing and spreading its successful initiatives.

By the end of the project the lessons learned will be fed into the European knowledge base, giving care authorities and organisations across the EU the opportunity to utilise VIGOUR insights to facilitate implementing care integration in their regions.



BASELINE PHASE

The first phase of the project is dedicated to gaining a thorough understanding of the different local contexts in which care is to be integrated as well as of the needs and ambitions of each VIGOUR region.



PREPARATION PHASE

Learning from good practices, the second phase will develop an implementation plan detailing the activities that each pilot region will undertake to realise their integration ambition in practice.



SCALING UP PHASE

The final phase involves implementing local scaling-up pilots in day-to-day care settings and developing wider scaling-up guidance to assist other regions.