



## Vigour Webinar Program

### Task 6.2

#### Wider scaling up guidance

VIGOUR is a project co-funded by the EU's Health Programme addressing key questions on how to put integrated care into practice. Having started in January 2019, VIGOUR is designed to guide and support 15 care authorities across seven European countries in making progress towards the provision of sustainable models for care integration. This will be achieved through the delivery of an evidence based integrated care support programme.

As part of sharing the learning and experiences from the VIGOUR project, partners have organised a series of online workshops. The **objective** of the workshops is to scale up the multi-layered (macro-meso-micro) approach implemented for VIGOUR twinnings by supporting the engagement of a broader community of interested stakeholders, to gather feedback on the experiences from their regions and how the outcomes from the VIGOUR project may facilitate their integrated care models. Reference will be made to the Questionnaire used in WP6 for VIGOUR Pilot Sites.

Each workshop will focus on one of the multi-layered levels (macro-meso-micro)



**Webinar 1. JUNE 17. 10:00 – 11:30 CEST.**

## Strategic roadblocks

“Story telling”

Balancing regional & local leadership

Align work with and across stakeholders  
Bundling of funds to support innovative approaches to service integration

Andalusia

Trento

Twente

Emilia Romagna

The “macro” layer of VIGOUR twinning has been focusing on the knowledge exchange related to strategies and approaches for integrated care that have been designed, planned and implemented by VIGOUR regions over a medium-long term time frame. To support this type of knowledge exchange, a “story-telling” approach has been successfully implemented, allowing the experiences that regions went through to be easily shared.

## Agenda

(Connecting details to be found in the Annex)

- **Introduction.** (Maddalena Illario, RSCN and Lutz Kubitsche, EMPIRICA)
- **Overview of the Ambition statements** of Andalusia, Trento, Twente, Emilia Romagna. (Moderator: John Farrell, RSCN)
- **Presentations** by : Andalusia, Twente, Emilia Romagna on:
  - bottlenecks of their integrated care pilot plan they addressed through Knowledge Transfer from VIGOUR twinings
  - future foresight of scaling up (horizontal/vertical/jump start) for integrated care
- **Round table discussion** – transferring a VIGOUR Good Practice to another Region (Moderator: Lutz Kubitsche, EMPIRICA)  
Panellist: OZAN BEYHAN (Turkey)
- **Open discussion.** (Moderator: Francesca Gastaldon, ProMIS)
- **Final remarks.** (Maddalena Illario, RSCN and Francesca ProMIS)
- **Close.**



**Webinar 2. JUNE 20. 13:00 – 14:30 CEST.**

## Transferable elements

Tools, modules etc

Life-course approach to disease prevention & health promotion

- *Risk stratification of the frail population*
- *Service for surveillance and monitoring of patients*
- *Gender approach*
- *Personalized lifestyle coaching*

Graz

Piemonte

Poland

Valencia

The “micro” layer has been focusing on specific transferable elements that were identified during the macro and meso twinning exchanges, and could provide an advantage or work as enabling factors to strengthen service integration for VIGOUR pilot regions. The specific topic that was prioritised was the life-course approach to disease prevention and health promotion.

## Agenda

**(Connecting details to be found in the Annex)**

- **Introduction.** (Maddalena Illario, RSCN and Lutz Kubitsche, EMPIRICA)
- **Overview of the Ambition statements** of Graz, Piemonte, Poland and Valencia. (Moderator: John Farrell, RSCN)
- **Presentations** by : Graz, Piemonte, Poland and Valencia on:
  - bottlenecks of their integrated care pilot plan they addressed through Knowledge Transfer from VIGOUR twinings
  - future foresight of scaling up (horizontal/vertical/jump start) for integrated care
- **Round table discussion** – transferring a VIGOUR Good Practice to another Region (Moderator: Lutz Kubitsche, EMPIRICA)  
Panellist: IVAN CHORBEV (North Macedonia)
- **Open discussion.** (Moderator: Francesca Gastaldon, ProMIS)
- **Final remarks.** (Maddalena Illario, RSCN and Francesca Gastaldon, ProMIS)
- **Close.**



## ANNEX. Connecting details.

**VIGOUR. WEBINAR 1. "Story telling" Balancing regional & local leadership**  
Fri, Jun 17, 2022 10:00 AM - 11:30 AM (CEST)

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**VIGOUR. WEBINAR 2. Transferable elements - Tools, modules etc - Life-course approach to disease prevention & health promotion**  
Mon, Jun 20, 2022 1:00 PM - 2:30 PM (CEST)

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