

Family Florence Presoglia Service

Experimental Project idea

Introduction

The phenomenon of globalization and the perception of citizenship have made reciprocity relationships, relationships of help and commonality fragile, as well as the ability or possibility to express new needs in terms of direct and clear health and well-being demand, or even to organize their own communities of life. For two orders of problems: on the one hand the uncertainties related to economic, productive and cultural transformations, on the other the difficulty of the institutions to prevent, transduce and catalyze the social needs that the transition from modernity to postmodernity entails.

The phenomenon of the saturation of the social and health services of the public service renders the latter the difficulty of responding primarily to primary needs and the social demand is often translated in terms of sanitation and medicalization of the same.

The universality of the response of the public health and social service, in terms of equity and accessibility, now culturally possesses the science and knowledge that can offer a change that sees citizenship as a proactive joint ally and a promoter of possible solutions to their own well-being needs and psycho-environmental health. And, in institutions, the subject capable of stimulating and collecting and activating sufficiently good and proactive internal and external responses.

In light of this, the identification and construction of a path aimed at listening and analyzing the needs emerging from the new communities are deemed appropriate. A fundamental element of this process is the close connection and proximity to citizens.

The natural conceptual plan of this project is the Municipality (such as the Department of Welfare and Home Safety, Participation and Active Citizenship, Neighborhoods and Decentralization).

From a construction point of view, a modular project was hypothesized that refers to the individual district as an operating context and which can be replicated accordingly in the various realities.

Purposes

Reduce the communication gap, trust relationship, between institutions and citizenship and de-saturation of the health, socio-health and social services in charge through an activity of dialogue and planning shared between the Municipality, city policy, Neighborhood policy, University, Social and health companies, Volunteering and Citizenship.

Key points of the design idea

- The Neighborhood as a relational space of proximity capable of building meaningful and proactive relationships.
- Families (also represented by a single individual) as the primary relationship of relational awareness and therefore where thought, need, identity, culture, sociality, education, law, support the development of Man and his civilization.

Project idea

- Creation in the Florentine neighborhoods of a welcoming, cross-psychosociological consultancy function open to families in the different phases of the life cycle who live there and expressly subliminally or openly express internal and external needs and problems.
- Establishment of multi-family groups in the goal of commonality and sharing of the problems that emerged.
- Creation and development of networks and paths that turn internally towards the community of life and externally towards the Municipality and taking into account the planning lines of the Tuscany Region and the specific integrative socio-sanitary reality, as well as the Departments converging there.
- Participation in the experimentation of university undergraduates both in the aim of bringing them closer and sensitizing them to the social problems that directly or indirectly concern them, and in the aim of studying their psychosocial and anthropological aspects and therefore making them subjects of active and progressive study, as well as planning for the issues He emerged.

This function is called *Presoglia* because it does not require any sanitary or administrative filter and access is direct.

Contribution of the District to the implementation of the Project:

• Identification of two rooms at the headquarters of the Presidency, dedicated to the following activities:

- Welcome and listening to citizens and families
- Organization of group meetings
- Analysis of problems and planning of interventions, supervision of activities and research work (e.g. degree or specialization thesis)
- Creation of multidisciplinary work tables with the network of institutions and professionals in the area

- Collection and conservation of the acquired documentation (questionnaires, teaching materials etc.)

- Creation of an easy and direct communication system between citizens and professionals participating in the project (direct telephone line, specific e-mail address)
- Implementation of initiatives aimed at informing citizens and promoting the project (sending letters and informative e-mails, opening a dedicated and accessible web space)
- Collaboration with the CRRCR and the Department in the realization of moments and events of sensitization and comparison addressed to the social fabric; participation in the construction of a synergistic path with the institutions involved (schools, universities, etc.) also for study and research purposes.
- Individuazione di due stanze presso la sede della Presidenza, dedicate alle seguenti attività:
 - Accoglienza ed ascolto di cittadini e famiglie
 - Organizzazione di incontri di gruppo
 - Analisi delle problematiche e progettazione di interventi, supervisione delle attività e del lavoro di ricerca (es. tesi di laurea o di specializzazione)
 - Realizzazione di tavoli di lavoro multidisciplinari con la rete di istituzioni e professionisti presenti sul territorio
 - Raccolta e conservazione della documentazione acquisita (questionari, materiale didattico ecc.)

The project includes:

1. The creation of a "control room", which carries out monitoring, supervision and evaluation of the activities, coordinating the psychological counseling actions, the re-establishment of social networks, community development, also through the involvement of young people trainees, psychology trainees and university interns;
2. The assignment of freelance assignments to two figures of psychologist, one of whom with a preferential specialization in community psychology and the other with psychotherapeutic skills and experience in relationship problems, who will carry out the activities foreseen by the project under the supervision of the CRRCR.

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