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Auditorium del Ministero della Salute

DIMENSIONS OF FRAILITY: COGNITIVE CAPABILITY.

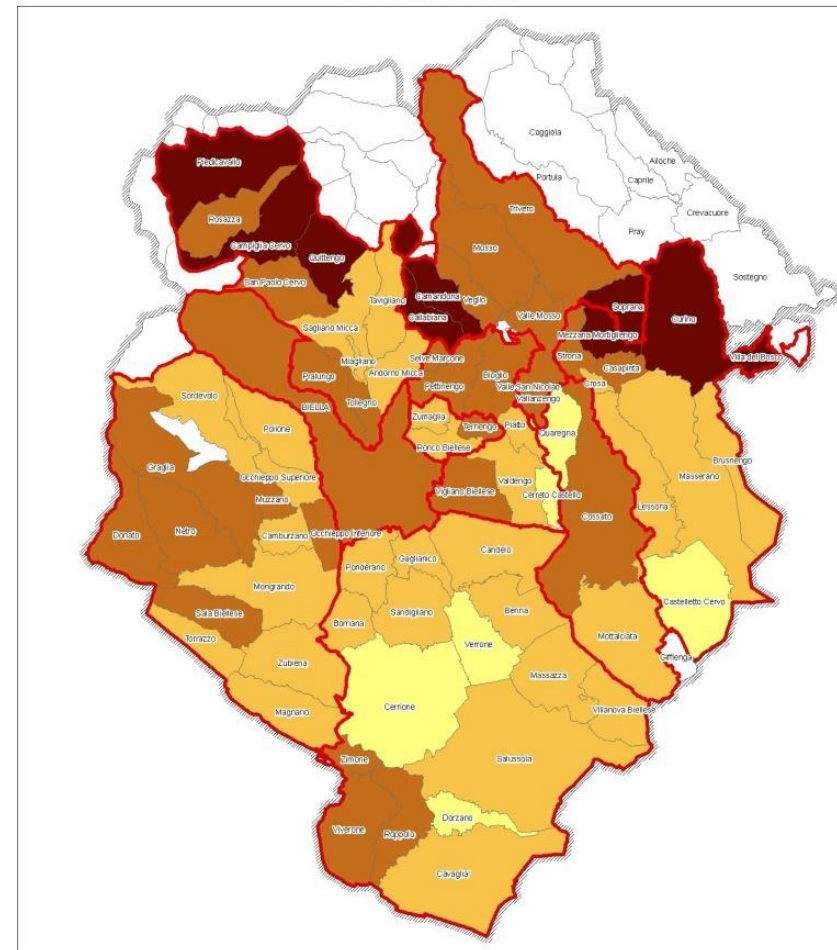
**THE EXPERIENCE OF THE ALZHEIMER NETWORK
IN BIELLA-
PIEMONTE REFERENCE SITE**

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Percentuale di Anziani residenti nel territorio dell'ASL BI al 01/01/2009



Percentuale Anziani con 65 o più anni residenti

18% - 20%

21% - 25%

26% - 29%

30% - 36%

Confine Area

CENTRE OF MEMORY

DEFINITION: an outpatient unit for the evaluation of Alzheimer's and other type of dementia disease

ORGANIZATION: a multidisciplinary team of:

- 6 geriatricians
- 1 neurologist
- 1 psychiatrist
- 2 psychologists
- 1 neuropsychology
- 2 case managers



How does it work?

- patient is referred by GP, geriatrician or other specialist
- first interview with the case-manager
- first visit with the geriatrician: examinations and tests, diagnosis and therapy
- geriatrician and case-manager: offer different service to the patients and family based on the stage of the disease

Which are the main features of the *Centre*?

1) INTEGRATION:  A.S.L. BI
*Azienda Sanitaria Locale
di Biella*



-health part

-social part

-voluntary association

The aim is a real alliance between patients, families and the social welfare and health systems



2) THE INCLUSION OF PATIENTS AND FAMILY



The Centre aims to have the patient, rather than the disease, at the centre of any intervention.

We offer to the patients and his family a personalised care.

The patients and his family is followed since the start of the disease until the severe phase

3) THE ROLE OF THE TWO CASE-MANAGER

THE SOCIAL WORKER

manage the psychological support for caregivers and the coordination with the social welfare

THE NURSE

address the patient to the geriatrician or neurologist and manage also the next appointments

They are the first person that patient and family meet.

They are a benchmark for the patients and the family but also between the different health and social professional figure because they link all the figures together

4) IDENTIFY THE PATIENTS IN THE EARLY STAGE OF THE DISEASE

Why?

- the pharmacological and non-pharmacological intervention are more effective in this phase
- it permits the patient to decide what to do in the future when the disease will not permit to decide in autonomy

How?

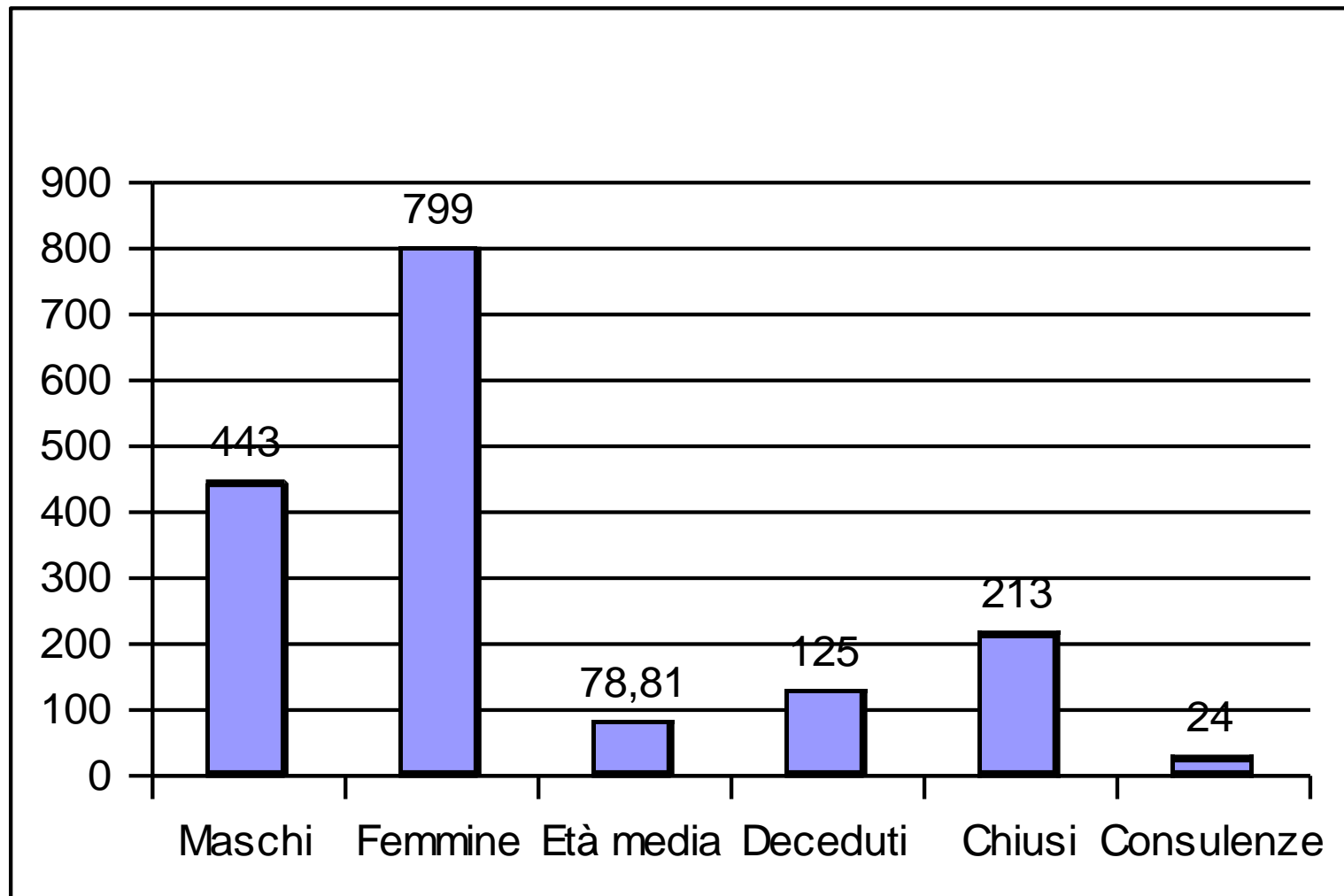
TRAINING to

- Gps**: it ameliorate the awareness amongst GPs, so now they referred patients more often and in the early stage
- people in the Biella area**: they are more aware of the disease and the supports available, including pharmacological and non-pharmacological treatments.

After three years of operation...

- more than 1000 people have been visited
- 881 patients are currently under care
- since 2012, the number of patients supported by the centre has grown from 42 to 881 (May 2015)
- the mean age has progressively decreased, with many between 60 and seventy diagnosed at an early stage.

Under care



Who referred patient

GPs	607	48.8%
Geriatrician	293	23.6%
Neurologist	73	5.9%
Hospital	44	3.5%
Psychiatrics	30	2.4%
AIMA	24	1.9%
Social service	33	2.7%
Newspaper	123	9.9%

SERVICES WE CAN OFFER

- Daily Centre
- Temporary Alzheimer Nucleus
- Caffè Alzheimer
- Montessori meets Alzheimer
- Memory Training Centre
- MeetingDEM: in progress

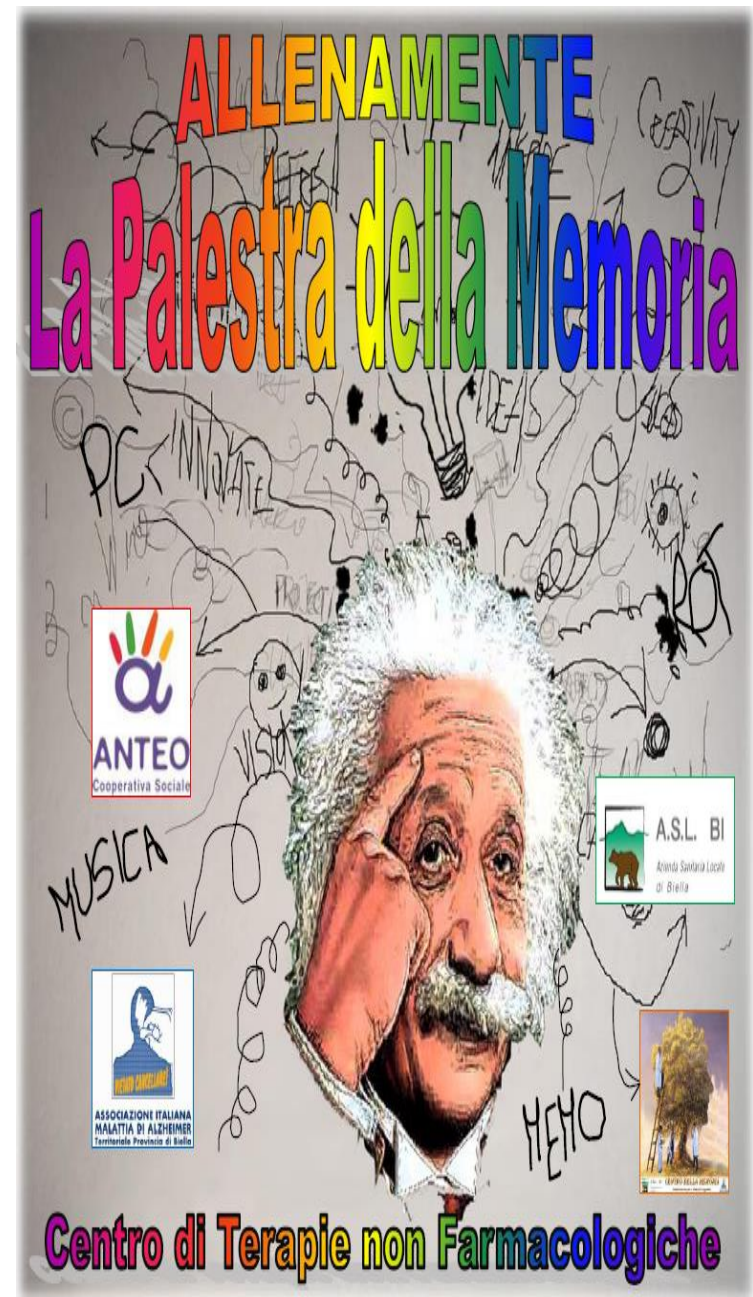


MEMORY TRAINING CENTRE

It opened in January 2014 collaborating with social cooperative *Anteo* and voluntary association *AIMA*

MAIN CHARACTERISTICS

- The aim is therapeutic rather than charitable, and the activities delay progression and enhance residual capabilities.
- The activities are directed to those still with normal cognitive function as well as those with mild to moderate impairment.
- The professional team of social worker, neuropsychologist and psychologist follows up participants.
- Principal activities are various cognitive stimulations, psychomotricity, music or art therapy, autobiographical story-telling and pilates.
- Participants must register and pay a monthly fee based upon the activities undertaken.
- At-risk patients will be followed over time, tested, and recorded so that useful research results may be published and future courses charted on the effects of these therapies.



MEMORY TRAINING CENTRE



The mission is to encourage and support autonomy and social functioning

MeetingDEM

- European Project developed on the Dutch experience of Rose Marie Drose
- based on a psychosocial perspective, the patient's experience of adaptation to coping with the consequences of disease
- it keeps in consideration feeling, emotion and personal experience of patients
- the aim is to guarantee the best quality of life to the patients and the caregiver with a support program with activities for him, for the caregiver and for both

TRAINING

- For Gps to explain the disease and the organization of the Centre of Memory (by Geriatrician)
- For the caregivers (by Neuropsychology)
- For the people of the Biella Area (by Geriatrician, case-manager)
- For the health figures of the nursing-home (by Geriatrician and nurses)

The aim is to detect patient in the early phase and to spread the knowledge about the disease

Future directions: The Alzheimer Network

- Workshop last January in Biella to share our experience and to know other experience in other region of Italy and Europe to develop a european project on mild cognitive impairment
 - in Italy: Mecocci (Perugia), Fabbo (Modena), Palummeri (Genova)
 - in Europe: Drose (Holland), Yanguas (Spain), Wallin (Sweden), Oppikofer (Switzerland)