



EUROPEAN INNOVATION PARTNERSHIP on Active and Healthy Ageing

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European Innovation Partnership
on Active and Healthy Ageing

Reference Sites

Excellent innovation for ageing
A European Guide



Active & Healthy Ageing: EU cities and regions get star ratings to recognise excellent projects

32 cities and regions across Europe have been rewarded for new ways of helping older people. These award-winners have been implementing innovative technological, social or organisational solutions to enhance the efficiency of health and social care systems, and have been presented with awards from the European Commission

- **Reference Sites** are coalitions of regions, cities, integrated hospitals or care organisations that aim to provide concrete examples of innovative services with proven added value to citizens and care systems in EU regions.
- Some of them have contributed to growth and job creation in their areas, many have extended elements of their best practice from local to regional or national level.



ITALY

Site: **Regione Piemonte:**



Assessorato Regionale alla Tutela della Salute, Sanità, Edilizia Sanitaria, Politiche Sociali e per la Famiglia, Coordinamento Interassessorile per il Volontariato (AReSS)(Regional Agency for Healthcare Services)

Over the last decade the Piemonte Region has brought about an organizational change directed to the enhancement of primary care facilities and the implementation of integrated care pathways, in order to avoid useless or inappropriate hospitalisations for patients. This new organisational model implied the 'reconversion' of smaller hospitals into primary care facilities (CAP).



FOLLOWING STEPS and ACHIEVEMENTS

- Networking among Reference Sites (national and EU level): submission of EU projects
- Scaling-up of good practices
- Exchange of experiences
- Comparing care models
- Collaboration between different stakeholders and institutions (**starting from the local ones**)

ENHANCING REGIONAL STAKEHOLDERS' NETWORK:

- Regional Health Authority and City Council
- Regional Institute for Social and Economic Research
- Public University: *Medical School, Nursing School, Psychology and Pharmacy faculties*
- Local Health Units and Hospitals
- UniTre public university
- Patients' associations
- Social innovation experiences
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- DETECTING **GOOD PRACTICES** on the regional area

Some EU partnership examples

Proposal template

**Project Grants (HP-PJ)
3rd EU Health Programme**

SUNFRAIL

*Reference Sites Network for Prevention and Care of
Frailty and Chronic Conditions in community dwelling
persons of EU Countries*

1 (Coordinator)	Regione Emilia-Romagna - Agenzia sanitaria e sociale regionale (RER-ASSR)	Italy
2	Regione Piemonte (RHAP)	Italy
3	Regione Liguria (Liguria)	Italy
4	AZIENDA OSPEDALIERA UNIVERSITARIA FEDERICO II (Campania)	Italy
5	CENTRE HOSPITALIER UNIVERSITAIRE MONTPELLIER	France
6	UNIVERSYTET MEDYCZNY W LODZI (Lodz University)	Poland
7	UNIVERSIDAD DE LA IGLESIA DE DEUSTO (Deusto University)	Spain
8	NORTHERN HEALTH AND SOCIAL SERVICES TRUST (HSCB)	North Ireland UK
9	EUROPEAN REGIONAL AND LOCAL HEALTH AUTHORITIES ASBL (EUREGHA)	Belgium
10	CENTRE HOSPITALIER UNIVERSITAIRE DE TOULOUSE (Gerontopole)	France
11	COVENTRY UNIVERSITY (COVUNI)	UK
12	ASTER - SOCIETA CONSORTILE PER AZIONI	Italy

KEY CONCEPTS

- FRAILTY definition: MULTIDIMENSIONAL
- ACTIVE and HEALTHY AGEING standard definition: Montpellier RS Meeting, Oct. 2014
- SUSTAINABILITY

Collaboration with MACVIA (Languedoc Roussillon
Reference Site):

Montpellier Meeting, October 2014

***Operative “standard” definition of active and
healthy ageing (AHA)***

Whose evidence?

- Evidence base for understanding ageing not integrated and from variety of sources
 - Demographers, actuarial science
 - Gerontology/geratology
 - Geriatric medicine
 - Neuropsychiatry and neurology
 - Neuroscience
 - Epidemiology
 - Behavioural, Social and Psychological sciences
 - Basic science
 - Public health approach aims to integrate and synthesise.....

KEY CONCEPT: **LIFETIME** (World Health Organisation)

Table 1: Conceptual framework for AHA (modified from [Kuh et al \(2\)](#))

Key domains of healthy and active ageing	
1	Physical and cognitive capability across the life course
2	Psychological and social wellbeing, mental health and quality of life across the life course
3	Functioning of underlying physiological systems across the life course, preventing or delaying onset of chronic diseases, frailty and disability
Key factors influencing healthy and active ageing	
4	Education, lifelong learning, working and caring
5	Lifetime lifestyles
6	Lifetime <u>social, economic</u> and physical environment

8 FRAILTY

Item

- 1** Physical capability, and musculoskeletal function and disease across the life course
- 2** Cognitive capability and central nervous system (CNS) ageing across the life course (including changes in sensory function), pain
- 3** Well being and quality of life, Psychological and social wellbeing (including social integration, participation and engagement) across the life course, Mental health and disorders across the life course

*Thank You for Your
attention !*

