



PROGETTO MATTONE INTERNAZIONALE

Portare la Sanità delle Regioni in Europa e nel Mondo
altresi l'Europa e il Mondo nei Sistemi Sanitari delle
Regioni italiane, nel quadro di una collaborazione
sinergica con il Sistema Paese.



Ministero della Salute

***Event organised in the framework of the
Italian Presidency of the Council of the
European Union in the Health Sector***

EUROPEAN UNION



Committee of the Regions

“Le tematiche di Sanità Pubblica del semestre di Presidenza Italiana dell’UE: Sviluppi ed opportunità a livello Nazionale e Regionale”



European Economic and Social Committee

Roma

31 marzo 2015

European
Observatory

on Health Systems and Policies

a partnership hosted by WHO





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HEALTHY LYFE STYLES: REDUCE THE BURDEN OF NON TRASMISSIBLE DISEASES – CANCER

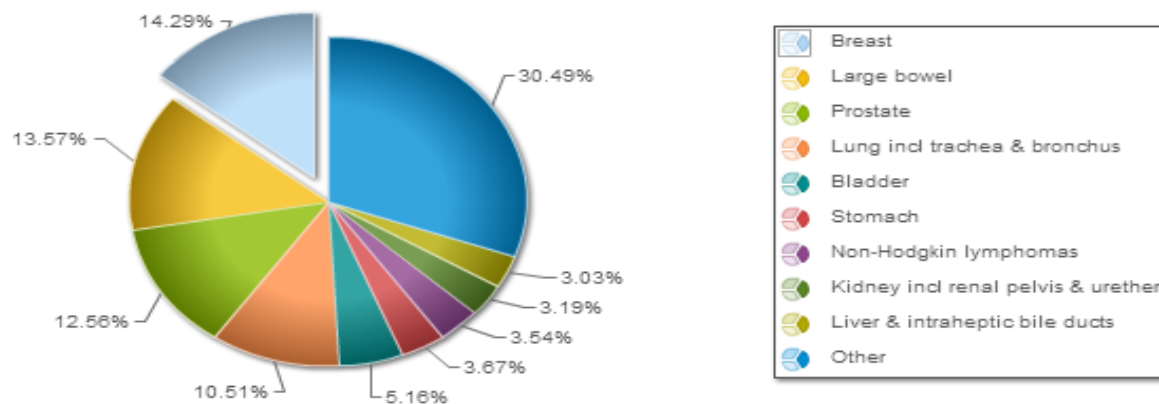
GROUP LEADER: Regione Marche

PARTECIPANT REGIONS:

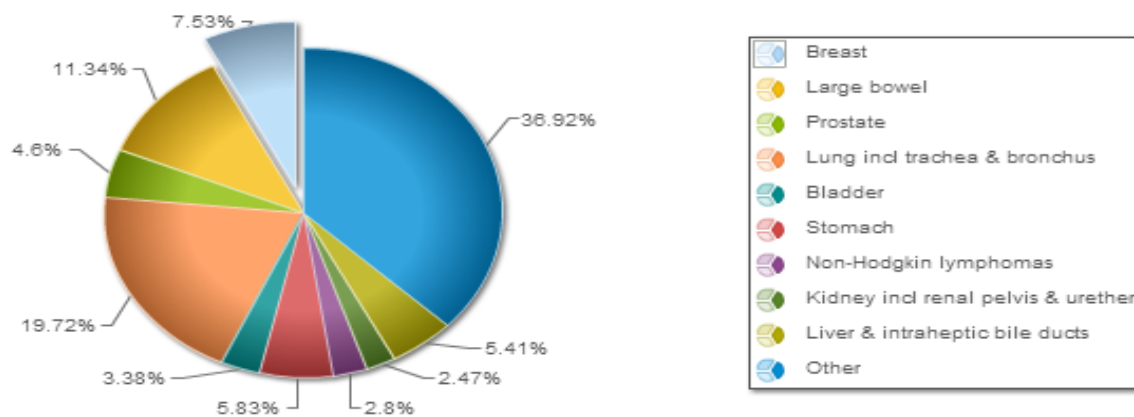
Campania, Emilia-Romagna, Lazio, Marche, Sicilia, Provincia Autonoma di Trento, Valle d'Aosta, Veneto, Umbria, Friuli Venezia Giulia, Calabria, Piemonte, Sardegna

Incidence and Mortality per type of cancer in Italy

Estimated incidence for both sexes in Italy, 2012

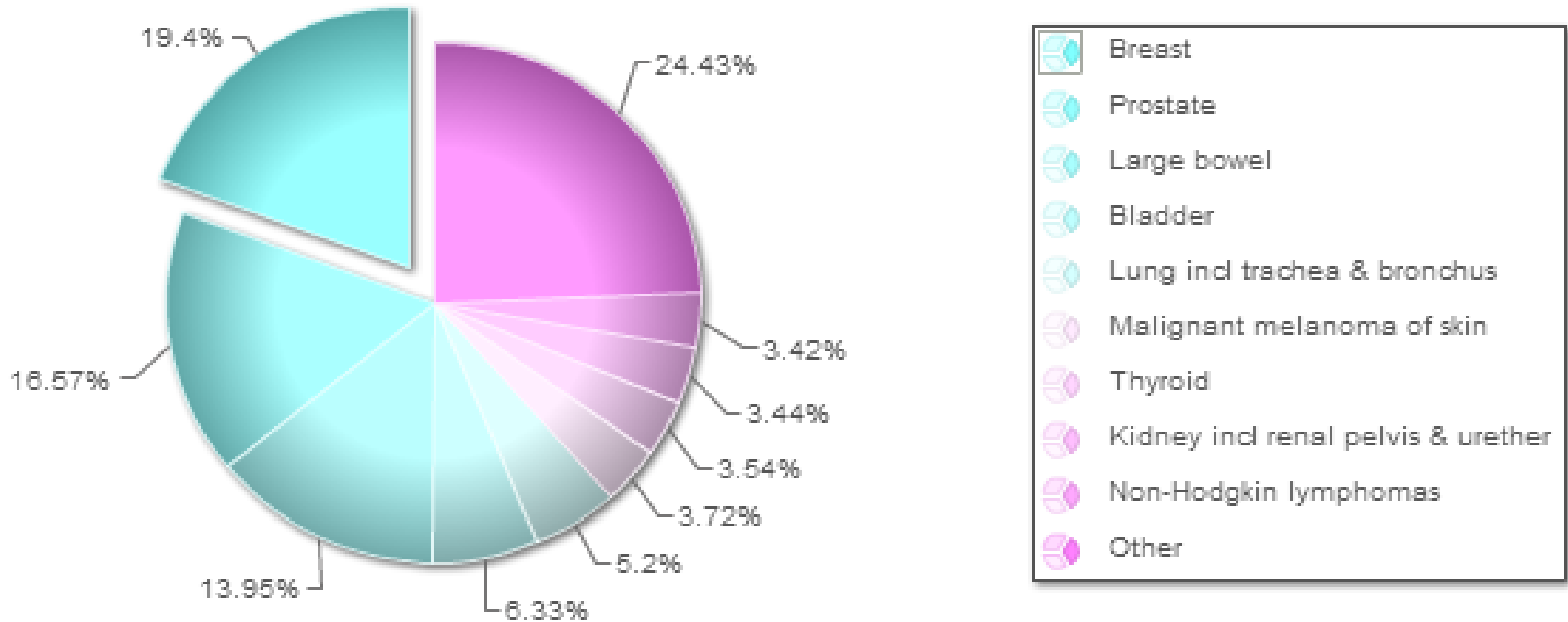


Estimated mortality for both sexes in Italy, 2012



Prevalence per type of cancer in Italy

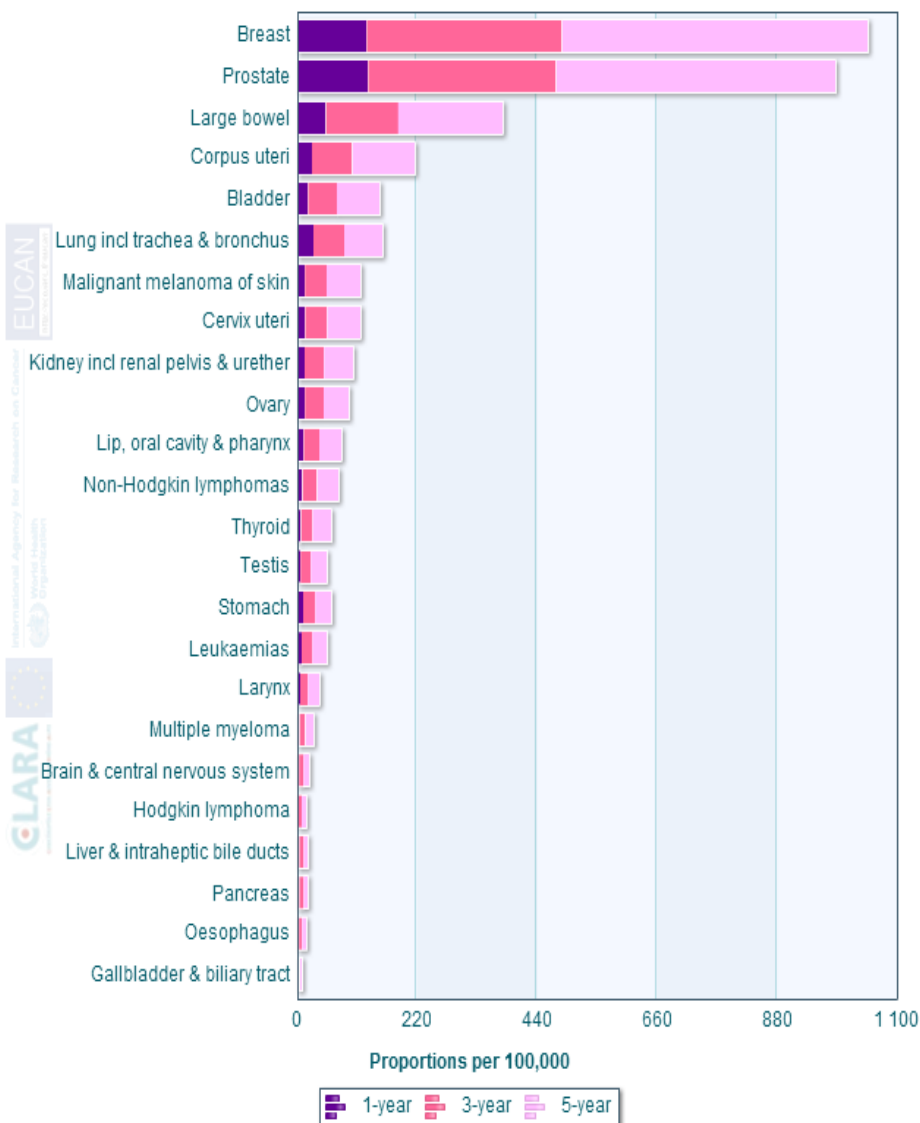
Estimated 3-year prevalence for both sexes in Italy, 2012



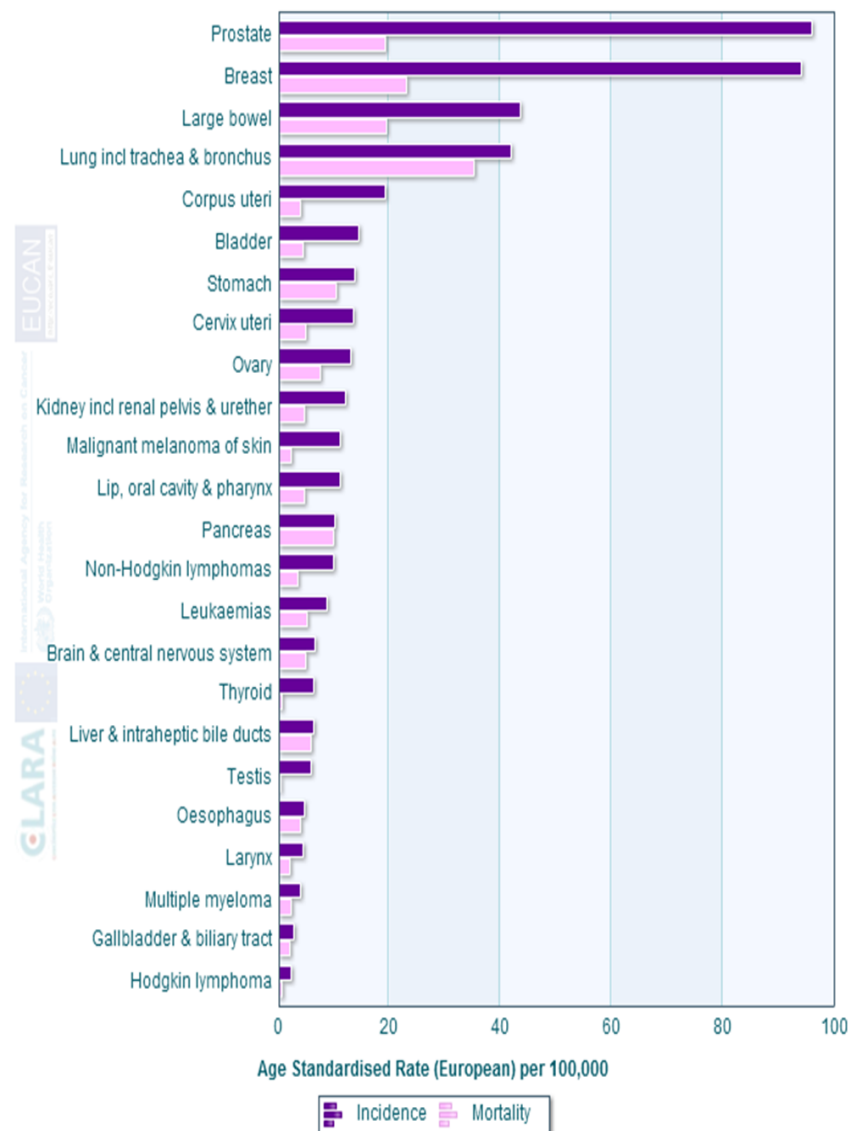
International Agency for Research on Cancer



Estimated prevalence for both sexes in Europe, 2012



Estimated incidence and mortality for both sexes in Europe, 2012



CANCER

5-10%



GENETIC CAUSES

90-95%



ENVIRONMENT



LYFE STYLE:

Smoking

25-30%

Diet (fried food, meat, etc)

30-35%

Alcohol

Sunlight exposure

Infections

Stress

Obesity

Physical Inactivity

15-20%

Mortality



NUTRITION

DIET INFLUENCES THE GENETIC CONFIGURATION



IMPROVEMENT OF PREVENTION THROUGH NUTRITION ??



POPULATION STRATIFICATION



INNOVATIVE BIOMARKERS



CORRELATION BETWEEN DIET AND ANTITUMORAL ACTIVITY

- Increase the nutritional quality of the food chain
- Improve food chain safety
- Elaborate nutritional guidelines for the correct use of innovative functional foods
- Reduction of inequalities among European countries
(socio-economic determinant is strictly related to quality of life)

PREVENTION OF SECOND PRIMARY CANCER

18% OF ALL CANCER CASES

Survivors: BREAST and PROSTATE cancer



CANCER TREATMENT



CAUSES

ETIOLOGICAL FACTORS of PRIMARY CANCER

(smoking habits, alcohol, obesity, genetic predisposition, insufficient physical activity)



SYNDROMIC FORMS

CUMULATIVE AGE RISK AND SURVIVAL RATES

EXCELLENCES

**NATIONAL
PREVENTION PLAN**

INTERVENTIONS AIMED AT IMPROVING AND
CONSOLIDATING THE LEVEL OF HEALTH
(empowerment)

**ESSENTIAL
LEVELS OF
CARE**

SCREENING PROGRAMMES FOR BREAST, CERVIX
and COLON RECTAL CANCER

**DISEASE
CONTROL
CENTRE**

CROSS SECTORAL AND MULTI-LEVEL GOVERNANCE
PROJECTS IMPLEMENTATION IN THE AREAS OF
MAJOR INTEREST (prevention)

EXCELLENCES

CANCER NATIONAL PLAN

- DEFINITION OF QUALITY AND APPROPRIATENESS STANDARD OF THE EVALUATION METHODS
- INDICATIONS FOR THE APPROPRIATE USE OF RESOURCES
- PROMOTION OF A NATIONAL CANCER REGISTER
- CANCER SCREENING DEFINITION and APPLICATION
- DEVELOPMENT OF INTERSECTORIAL PREVENTION PROGRAMMES (Guadagnare salute, PASSI, HBSC etc)
- ICT DEVELOPMENT

CROSS SECTORAL AREAS

VALUE-BASED MEDICINE

- PERFORMANCE EVALUATION (Multi-dimensional Outcome)
- CLINICAL PATHWAYS ORGANISATION

CANCER REGISTRY and HEALTH PLANNING

- MONITORING INCIDENCE, PREVALENCE, and SURVIVAL DATA PER TYPE OF CANCER
- QUALITY INDICATORS FOR THERAPEUTICAL-DIAGNOSTIC SERVICES
- EVALUATION OF:
 - Cancer care and treatment management
 - Screening effectiveness
 - Healthcare pathways
 - Demand and Costs

CROSS SECTORAL AREAS

TECHNOLOGICAL INNOVATION ➤ EMPOWERMENT AND AWARENESS (network effect)
(Collective Awareness Platforms for Sustainability and Social Innovation)

➤ IDENTIFICATION OF POSSIBLE SOLUTIONS

➤ INNOVATIVE FORMS OF SOCIAL PARTECIPATION

➤ NEW RESEARCH MODELS

RICERCA ➤ Analysis of Life styles and their impact -validated instruments also at regional level

➤ Innovative sustainable Business Models to provide social-health services

➤ Correlation Between Genetics And Environment Longitudinal Research Programmes

ACTIONS

Implementation of EB primary, secondary and tertiary prevention actions with further financial and efficacy report in a CROSS SECTORAL DIMENSION

- PROMOTE A SUITABLE/APPROPRIATE NUTRITIONAL APPROACH BASED ON THE FOOD PYRAMID MODEL
- DEVELOPE EVIDENCE BASED, EQUAL, PATIENT CENTRED, and MULTI SECTORAL CANCER SCREENINGS (make tests accessible/acceptable to increase compliance)
- PREVENT SECOND PRIMARY CANCER
(development of ad hoc educational programmes with psychological support)
- INCREASE PHYSICAL ACTIVITY and REDUCE OBESITY
- TRAINING (for all social and health professionals involved in the promotion of healthy life styles)
- COMMUNICATION transparent, coherent, reliable, continuous and user friendly.

POLICY ASK

- Do they share the need to **exchange information** regarding prevention plans and strategies related to life styles and cancer diseases?
- What's the position in regard to **integrated care policies**, specifically aiming at achieving results in the fields of **health, environment, and local development** ?
- Do they support the implementation of an **empowerment strategy**, aimed to foster a «**cultural**» **change**, a more appropriate demand from the citizens ?
- Do they share the need to develop a more efficient and effective provision of health, though continuous **training** of the social and health workforce?

POLICY ASK

- Do they share the will to establish a **equal, multi-level, sustainable** social and health care **offer** (*whole of government* approach) ?
- Are they in favour of promoting the implementation of programmes with mutual benefits (**win-win approach**) and of encouraging care during the entire life course (**life-course approach**) ?
- Do they consider the establishment of organizational integrated models aimed at **reducing health inequalities** relevant ?
- All recognise the need to invest **financial resources**, addressing the social and health sector, in a more efficient manner, in order to improve their **performance** and adapt to new **health challenges** ?
- Are they keen to adopt strategies and methodologies able to address public **health emergencies**, reinforce their health systems and promote a resilient society?



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Thank you for your attention

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